Women's Prayer Ministry



The women's prayer ministry seeks to bring intergenerational women together in unity through prayer to nurture spiritual growth and deepen our relationships with God and each other. We desire to build a supportive and loving community where women can share experiences, challenges, and insights and encourage each other to live out our faith in meaningful ways.

Join us to pursue

- > a deeper and sweeter closeness with the Lord
- > growing your prayer life
- > encouragement and connection with like-minded women

Inquiries & Registration:

womensprayer@transfiguration.org

What is prayed?

Akathist hymns, hymns from major feasts, favorite prayers and a variety of powerful Orthodox prayers

Do we pray as a group or individually?

Individually by either adding the prayers to your normal routine or stand alone at another time each day

How long do we pray each day?

Only 5-10 minutes /day. This helps busy schedules.

How many days does a prayer offering cover?

Prayer offerings can range from 15 - 40 days depending on the theme or feast and Orthodox calendar cycle.

What if I miss a day or several days during the prayer cycle?

No problem! We provide a schedule, so you know exactly what everyone is praying on each day of the month. You can choose to "catch up" or jump back in on the present day's prayer.

What is an Akathist?

An Akathist is a **type of hymn dedicated to** a saint, holy event, or one of the persons of the Holy Trinity.

Is there any sharing together?

Yes, bi-monthly **Zoom Touch Base** sharing opportunities.

What are the Zoom Touch Bases like?

These fellowship times offer opportunity to share and receive encouragement, answer questions, pray together, and share the impact of praying the prayers with the group.

When will these be?

Second and **fourth Sundays** of each month at **4pm and 7pm respectively for less than 45 minutes.**

How many times a year do you have a prayer offering?

This will vary, but it will most likely be 5 or 6 times per year.

Do I have to participate in all the prayer offerings?

You can participate in as many or as few as you want. We will provide an opportunity to opt-in for each one.