SUNDAY OF THE PARALYTIC
CARPOS & ALPHAEOUS OF THE 70; ALEXANDROS OF THERASSALONIKI

Transfiguration of our Lord
Greek Orthodox Church

414 St. Stephens School Road, Austin, Texas  78746
Church Office Hours: 8:30am - 3:30pm
(512) 329-6363  EMAIL - OFFICE@TRANSFIGURATION.ORG
WEBSITE - WWW.TRANSFIGURATION.ORG

Sunday Service Schedule
Orthros 8:15am; Divine Liturgy 9:30am

Fr. Vasileios Flegas  Fr. George Bithos  Deacon Sal Fazio  978-551-2169
Protopresbyter  Economos  Deacon Stephen Dow  512-228-1381
512-574-1972  512-507-9897  Deacon Haralambos Ryburn  210-325-7330
**Small Entrance Hymn**

Ἐν ἐκκλησίαις εὐλογεῖτε τὸν Θεόν, Κύριον ἐκ πηγῶν Ἰσραήλ. Σῶσον ἡμᾶς Υἱὲ Θεοῦ, ὁ ἀναστὰς ἐκ νεκρῶν, γάλλοντάς σοι, Ἀλληλούια.

**In the congregations bless God, the Lord,** from the springs of Israel. Save us O Son God who did Rise from the dead. We sing to You Alleluia.

**Hymn after Doxology**

Εὐφραινέσθω τὰ οὐράνια, ἀγαλλιάσθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος, ἐν βραχίονι αὐτοῦ, ὁ Κύριος, ἐπάτησε τῷ θανάτῳ τὸν θάνατον, πρωτότοκος τῶν νεκρῶν ἐγένετο, ἐκ κοιλίας ᾅδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

Effrenesto ta Urania, agalliastho ta epigia, oti epilise kratos, en vraghoni aftu, o Kirios, Epatise to thanato ton thanaton, prototokos ton nekron egeneto, ek kilias athu erisato imas, ke pareske to kosmo to mega eleos.

**Let all things above in heav’n rejoice,** and let all things below on earth be glad With all the might and strength of His arm an eternal deed the Lord did perform Beneath His feet He has trampled down death by death, and first born of the dead has He become From the womb of Hades has He delivered us, and to all the world has granted His great redeeming mercy

**Hymn for the Transfiguration of Our Lord and Savior Jesus Christ**

Μετεμορφώθης εν τῷ ὅρει Χριστέ ο Θεός, δείξας τοῖς Μαθηταίς σου τήν δόξαν σου, καθώς ἠδύναντο, Λάμψον καὶ ἡμῖν τοῖς αμαρτωλοίς, τό φώς σου τό αἰωνιόν, πρεσβείας τῆς Θεοτόκου, φωτόσωτα δόξα σοι.

When O Christ our God Thou wast Transfigured on the mountain Thou didst reveal Thy glory to Thy disciples in proportion as they could bear it. Let Thine everlasting light also enlighten us sinners. Through the intercessions of the Theotokos, O Thou Bestower of light, glory to Thee

**Kontakion**

Εἰ καὶ ἐν τάφῳ κατῆλθες Ἀθάνατε, ἀλλὰ τοῦ ᾅδου καθεῖλες τὴν δύναμιν καὶ ἀνέστης ὡς νικητής, Χριστέ ὁ Θεός, γυναιξὶ Μυροφόροις φθεγξάμενος, Χαίρε, καὶ τοῖς σοῖς Ἀποστόλοις εἰρήνην δωρούμενος, ὁ τοῖς πεσούσι παρέχων ἀνάστασιν.

**Though Thou didst descend into the grave,** O Immortal One, yet didst Thou destroy the power of Hades, and didst arise as victor, O Christ God, calling to the myrrh-bearing women, Rejoice, and giving peace unto Thine Apostles, O Thou Who dost grant resurrection to the fallen.

**Megalynarion Hymn**

Ὁ Ἀγγελος ἐβόα τῇ κεχαριτωμένῃ, Ἁ γνὴ Παρθένε, χαίρε, καὶ πάλιν ἔρω, χαίρε, ὁ σὸς Υἱὸς ἀνέστη τριήμερος ἐκ τάφου. Φωτίζου, φωτίζου ἡ νέα Ἱερουσαλήμ· ἡ γὰρ δόξα Κυρίου ἐπὶ σὲ ἀνέτειλε. Χόρευε νῦν, καὶ ἀγάλλου Σιών, σοὶ δὲ ἁγνη, τέρπου Θεοτόκε, ἐν τῇ ἐγέρσει τοῦ τόκου σου.

**The Angel cried aloud to the Lady full of grace:** Rejoice, O pure Virgin; and again I say Rejoice. Your Son has truly risen from the grave on the third day. Συμφώνως Παρθένε, σὲ μακαρίζομεν πιστοὶ· Χαίρε πόλη Κυρίου· χαίρε πόλες ἐμψυχε· χαίρε, δι’ ἑαυτῆς ἠλάμψας, σήμερον φῶς τοῦ ἑκ τοῦ τάχθεντος, τῆς ἑκ νεκρῶν ἀναστάσεως.
These HYMNS are sung by the community with the chanters during and after the small entrance during and after the small entrance.

Music assists the development of the perception of spiritual life. The soul becomes refined. It begins to understand spiritual music as well. -St. Barsanuphius of Optina

Let All Things Rejoice - Εὔφραινέσθω τα Ουράνια
Tone 3 - Ηχος Ι'
G. Anastasiou

Let all things above in heav'n re-joice, and let all things be glad. With all the might and strength of His arm an eternal deed the Lord did perform. Beneath His feet He has trampled down death by death, and first born of the dead has He become. From the womb of Hades has He delivered
6 August
The Transfiguration of Our Lord

Apolytikion of the Transfiguration

Mode Varys

When O Christ our God Thou wast transfigured on the mountain, Thou didst reveal Thy glory to Thy disciples in proportion as they could bear it.

Let Thine everlasting light also enlighten us sinners.

Through the intercessions of the Theologos,

O Thou Bestower of light, glory to Thee.
Απολυτικίον της Προσώπησης της Μεταμόρφωσης

Μεταμόρφωσις εν ορί, Χριστέ Θεός, δείξας τοις μαθηταίς. Σου δόης και δόης να καθησι χνών ὑπάρχου στις αμαρτίαις.
Hypakoë

Fourth Mode

Intonation: #10

Allegro 1/150

When they who were with Mary came, anticipating the
dawn, and found the stone rolled away from the sepulchre,

they heard from the Angel: Why seek ye among the
dead, as though He were mortal man, Him Who abolisheth in everlasting light? Behold the grave-clothes. Go

quickly and proclaim to the world that the Lord is risen, and

hath put death to death. For He is the Son of God, Who

saveth the race of man.
In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.
At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked. Now that day was the sabbath. So the Jews said to the man who was cured, "It is the sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.' " They asked him, "Who is the man who said to you, 'Take up your pallet, and walk'?" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befell you." The man went away and told the Jews that it was Jesus who had healed him.
“HE IS ALWAYS WRESTLING IN PRAYER FOR YOU…” (COLOSSIANS 4:12)

Prayers for those in our Armed Forces


“The Prayer of a righteous person is powerful and effective” (JAMES 5:16)

Prayers for Health


Prayer for Catechumen

O Lord our God, who dwellest on high and regardest the humble, who has sent forth as the salvation of the race of men Thine only-begotten Son and God, our Lord Jesus Christ: Look down upon Thy servants the Catechumens, who have bowed their necks before Thee; make them worthy in due season of the laver of regeneration, the forgiveness of sins and the robe of incorruption. Unite them to Thy holy, catholic and apostolic Church, and number them with Thine elect flock: That with us they may glorify Thine all-honorable and majestic name of the Father and of the Son and of the Holy Spirit, now and ever, and unto ages of ages.


REGISTRATION NOW OPEN!

Camp St. Nicholas 2024

Mark your calendars for camp:
June 3, 4, 5, and 6
Monastery trip to St. Paraskevi: Friday, June 7
Theme: Life of the Theotokos.

Scan here to register your child
Scan here to volunteer

LIVING IN THE MOMENT: HOW WE CAN BE IN COMMUNION WITH CHRIST EVERYDAY

DATING FOR THE KINGDOM (PANEL DISCUSSION)

HOW CHRIST HEALS AND CALLS US BACK AFTER FALLING AWAY

THE POWER OF OBEDIENCE

WINDOWS TO PARADISE: LIVING A LIFE WITH THE SAINTS

FASTING: WORTHLESS OR LIFE CHANGING?
May 17, 2024

Dear and much beloved Clergy of the Greek Orthodox Metropolis of Denver:

Χριστός Ἀνέστη! Christ is Risen!

It is with sentiments of delight that I write to inform you of Bishop Constantine of Sassima’s unanimous election as Metropolitan of the Holy Metropolis of Denver by the Ecumenical Patriarchate’s Holy and Sacred Synod today, Friday, May 17.

For almost two full years, His Eminence has been serving the spiritual and pastoral needs of the Holy Metropolis of Denver with deep love, dedication and respect. And now, following his election as the Metropolitan of Denver, His Eminence embarks on a new ministry as the Shepherd of this blessed Metropolis of our Sacred Archdiocese. Therefore, I am confident that all of you will join me in loudly exclaiming AXIOS for this most worthy and faithful hierarch of our Church!

I would like to extend my heartfelt gratitude and fraternal appreciation to His Eminence Metropolitan Nathanael of Chicago for his loving archpastoral oversight of the Metropolis during his service as Locum Tenens. However, kindly know that as of today, Metropolitan Constantine is to be commemorated in all the divine services celebrated in the Holy Metropolis of Denver as its canonical shepherd.

Please be aware that the Enthronement of His Eminence Metropolitan Constantine will take place at the Assumption Greek Orthodox Cathedral in Denver on Saturday, June 22, 2024, at 10 a.m. The following day, Sunday, June 23, he will celebrate his first Divine Liturgy at the Cathedral as Metropolitan of Denver on the Feast of Holy Pentecost.

Bestowing upon all of you my Archepiscopal blessings, I beseech our Heavenly Master to protect you forevermore, keeping you under the wise spiritual care, guidance and leadership of your new Shepherd, His Eminence Metropolitan Constantine of Denver.

With paternal love in the Risen Lord,

† ELPIDOPHOROS
Archbishop of America
What is Orthodox Christian Stewardship?

“It is by offering our blessings back to God that He will be able to continue His forgiving, healing, liberating, empowering, transfiguring, loving ministry through the Church. For God, infinite though He be, has chosen to work through us, through our gifts, to continue His saving work in the world today.” -Fr. Anthony Coniaris Orthodox Christian stewardship is a way of life, which acknowledges accountability, reverence, and responsibility before God. A primary goal of stewardship is to promote spiritual growth and strengthen faith. Becoming a steward begins when we believe in God, to whom we give our love, loyalty and trust and act on those beliefs.

As stewards, we affirm that every aspect of our lives comes as a gift from Him. Stewardship calls on the faithful to cheerfully offer back to God a portion of the gifts with which they have been blessed.

An Orthodox Christian steward is an active participant in the life of the Church. The parish encourages all who accept the Orthodox Faith to become practicing stewards. Each year the steward is expected to carefully review his or her personal circumstances and make a commitment of time, talent, and treasure to support the Parish and her ministries, which in turn support the National Ministries of our Archdiocese, Metropolises and institutions.

Archdiocesan Department of Stewardship

If you need help or have any questions, please contact Anthony Rosario at stewardship@transfiguration.org and we will be happy to help you. You can also call the church office at 512-329-6363 for information.

“Each man should give what he has decided in his heart to give, not reluctantly or under compulsion, for God loves a cheerful giver”

2 Corinthians 9:7

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The Prayer Shawl Ministry team at Transfiguration would like to invite anyone who knits or crochets (or both) to be part of this new ministry. Prayers Shawls console in times of illness, grief, and stress. They comfort those who are ill, and bring hope to those who are in despair. They remind us that God’s love is with us always and that each of us also remains in the hearts and prayers of others. The shawls are crafted with the love and prayers of the individual who knitted or crocheted it.

If you are interested in joining this new ministry, please contact Sue Holland or Julie Wynn so we can provide you with the patterns.

AND

We aren’t just looking for people who crochet or knit! If you feel called to support this ministry in other ways, please let us know. You can contact Julie Wynn at twynn@gmail.com or Sue Holland at susanstevens.holland@outlook.com
Women’s Prayer Ministry offers a Celebration of Praise

The Akathist of Thanksgiving
May 15 – June 23 Pentecost

Feel the joy and God’s goodness!
Praise God with specifics.
Celebrate the Resurrection!

If you are interested in praying with us, please contact Sheri Shannep (sshannep@gmail.com) by May 12.

IT'S TIME TO REGISTER FOR SUNDAY SCHOOL 2024-2025

Soccer Clinic!
Elementary Ages (5-10)
ALL SKILL LEVELS WELCOME!

Date: June 2, 2024
Time: 12:30pm – 1:30pm
Location: 400 S Commons Ford Rd

Have fun practicing your soccer skills with fellow Orthodox athletes, Coach Chantél Cappuccilli and Assistant Coach Juan.

*Please wear suitable soccer attire, running shoes or cleats. Bring plenty of water and a ball if you have one. If you have any questions about this event please feel to contact Chelsea Mendoza at 512.917.2002.
April 2, 2024

Subject: New Mount Tabor Community Center

Dear Fellow Parishioners,

It’s been so very exciting to see the continued construction progress of our new community center. Thank God for all of you who have so generously shared your Time, Talent, and Treasure to make our “Dream a Reality”!

Now we need to respond with the same level of commitment to Phase 2 of the project.

Phase 2 includes upgrading the detention pond, repurposing the current septic system for the sanctuary, and razing Mt. Tabor Hall to put in place a new parking lot. The new parking lot is critical for future Greek Festivals and parishioner parking since military base access each Sunday is not guaranteed. As a community, we have dedicated so many man-hours and resources towards making the festival a sensational event. We must secure its success for 2025 and beyond.

Currently, we are short of our Phase 2 goal of 193 participants (~80% of parishioners) and $245,000.

You may recall from my last communication mentioning that one of our faithful families used money from their own retirement fund to donate, another family is foregoing a vacation in 2024, a young parishioner donated $30,000 to this initiative, and there are many others making a sacrifice. I am humbled and amazed by this level of giving for God’s Church! I also realize so many people have given so much of their time, talent, and treasure already to our expansion project.

We now need to stretch a little more to complete what we’ve so lovingly and diligently started.

We currently have 94 parishioner families who have committed $155,252, which is generous but short of our goal. Please look at the table below and determine the amount that you can commit to today! If you can contribute to our Phase 2 initiative, we ask that you submit the pledge form ASAP and fulfill your commitment by June 1. As you can see, this initiative is very attainable if we are able to get 80% of parishioners to participate, and you can use the information below as a guide to determine your pledge amount. Make it a part of your Lenten journey to Pascha this year. Your commitment helps build the future of our Church.

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While living in Houston before moving to Austin over 27 years ago, I remember Fr. Lou Christopoulos, the Proestamenos of Annunciation Cathedral (currently Chancellor of our Denver Diocese) gave a sermon during our expansion project. I remember he stressed that no matter what the challenge, we must complete what we were doing for the glory and honor of God. Now, his words come back to me since we are SO VERY close to finishing this project. I implore you that we come together as a Church family and give generously to see this Phase 2 through to completion. As always, I thank you so very much for all that you have done and continue to do for our beloved Church. Please don’t hesitate to contact me if you have questions, and please give to this project as you always have, with a generous and cheerful heart. Have a blessed Great Lent.

In Christ’s Love,

George Gianakopoulos, Parish Council President, 512-914-2636

cc: Building Fund Committee (Fr. Vasileios Flegas, Bill Robertson, Elton Stewart, John Stefos)
In gratitude for God’s blessings, I/We offer the following financial commitment.

Give, and it shall be given unto you; good measure, pressed down, and shaken together, and running over, shall men give into your bosom. For with the same measure that ye mete withal it shall be measured to you again. Luke 6:38

Name: ___________________________________________ Date:___________

Address: ____________________________________________

City:_____________ State:_________ Zip:_______________

Telephone: _______________ Email:__________________

Total Donation. Payment completion by June 1, 2024, is appreciated. $__________

Total paid to date $:___________

Total balance: $:___________

Please make checks to: Transfiguration Greek Orthodox Church: Building Expansion

Donation contributions can be made through EGiving, using https://transfiguration.org/.

Please contact us if you will consider fulfilling a portion of your contribution gift through a transfer of stocks, bonds, or retirement assets.

Donations are tax deductible as provided by law.

Signature:_____________________________

Date: ____________

Dream big. Work hard. With God’s blessing, anything is possible.
Thank you to our Building Expansion Phase II Pledgers

Fr. Vasileios & Prsb. Stella Flegas
Fr. George & Prsb. Ria Bithos
Dn. Stephen & Dnss. Diann Dow
Dn. Sal & Dnss. Angela Fazio
Dn. Haralambos & Dnss. Michelle Ryburn

Ackerman, Eleni
Adaman son, Phillip
Ambrose, Rod & Effie
Angelo, Dr. Jacob & Diana
Aiyah, Makram & Nasrine
Ayers, Rob & Madga
Bakiris, Michali & MaryKatherine
Benno, Georgine
Blomberg, Cecilia
Boyer, Russell & Christine
Bryant, Jason & Katie
Carabiniero, Sophia
Cavazos, Angeliki
Chris's Investments
Cocavasis, Nicolas
Colovas, Bill & Betty
Constantinides, Minas & Melissa
Cosara, Andrei & Ioana

Crittikos, John
Daniello, Victor
Davchev, Ivan
Demirdal, Tsambika Bakiris
Draina, Jo & Joann
Esper, John & Jessica
Garwood, Jason & Amity
Gatlin, Jack & Pat
Gavriel, Cyrus & Maria
Georgakopoulos, Ilias
Georgantonis, Mary
George, Anthony & Effie
George, Dr. Thomas
Ghevremicael, Abraham
Gia koumakis, Evangelos
Gianakopoulos, George & Crissi
Giannopoulos, Demetris
Giannikos, George
Gleason, Katherine
Gradziel, MaryBeth
Hahalis, Roula
Haldes, Tula
Hareng, Michael & Rachelle
Hearne, Gayle
Herescu, Octavian
Hicks, Vickie
Holstinger, Gretchen
Horwedel, David & Eleni
Hriiskikopoulos, Eleni
Jones, Ralph & Anita

Justice, Johnny & Argyro
Justice, Maria
Kalpaxis, Dr. James
Katsos, Elias & Panagiota
Kavadas, Christine
Keller, Chris & Amy
Kinslow, Mike & Sheri
Kolber, Carolyn
Larroque, Zephaniah
Lea, William & Michelle
Leatherwood, Elaine
Levendakes, Steve
Lindsey, Jon & Jane
Long, Mary
McColloch, Corbin
Meador, Dina
Mendoza, Juan & Chelsea
Menezes, Vitor
Miller, Keith & Chyrisse
Misthos, Donna & Jim
Morrow-Rainwater, Mark
Nelson, Richard & Helen
Orr, Terry
Papanastasiou, Nick
Petrooulos, Tina
Phocas, Denis & Sonia
Pon, Ken
Poulos, Gabe
Price, Peter & Cynthia
Psihramis, Alexander
Reeder, Daniel & Terri Stone

Rivers, Mitch & Cari
Robertson, Bill & Linda
Romine, David
Russon, Nicholas
Shotwell, Patrice
Sikes, Adrian & Khrrystal
Siow, Roy
Smith, Brandie
Sobchak, John & Susie
Southwick, Philip & Mary Voorhies

Spanos, Kostas
Stathos, Judith
Stefos, John & Meredith
Stevens, Aaron
Stewart, Elton & Anna
Stiurca, Dan
Suehs, Brandon & Jennifer
Taylor, Brook
Tidd, Simon & Irene Perez
Vega, Elias & Yolanda
Werner, Mark & Maria Burke
Wilson, Evan
Woodruff, Rachell
Woodruff, Rober & Debra
Wynn, Allen & Julie
Yediaras, Pam
Yiannes, Family Foundation
Yoder, Stuart & Kori
Zaccak, Imad
Thank you to last week’s ushers:

George Gianakopoulos (PCM)
Mark & Gail Saenz, Michael Dindio, Jack Gatlin

Thank you to today’s ushers:

Panos Kanelos (PCM)
Katie Kish, Rod Ambrose, Effie Ambrose

Thank you to today’s Coffee Hour Sponsors:

Alfaro (Captain), Adams, Price, Ambrose, Angle

Thank you to our Coffee Hour Sponsors:

NO COFFEE HOUR IN HALL; Please visit our festival

Thank you to our Coffee Hour Sponsors:

Apostolakis (Captain), Appling, Angelo Arges, Athanasiou, Atkinson

TO ALL OUR VOLUNTEERS

TO ALL OUR VISITORS

WEEKLY ANNOUNCEMENTS

May 26, 2024

Services & Activities for next Week

Wednesday, May 29
Mid-Pentecost Orthros 9am Divine Liturgy 10pm

Saturday, June 1
Justin the Martyr Orthros 9am Divine Liturgy 10pm