

*SUNDAY OF ST. JOHN CLIMACUS
ARISTARCHUS, PUDENS, TROPHIMUS;
THOMAS OF ALEXANDRIA*



TRANSFIGURATION OF OUR LORD

GREEK ORTHODOX CHURCH

414 ST. STEPHENS SCHOOL ROAD, AUSTIN, TEXAS 78746

CHURCH OFFICE HOURS: 8:30AM - 3:30PM

(512) 329-6363 EMAIL - OFFICE@TRANSFIGURATION.ORG

WEBSITE - WWW.TRANSFIGURATION.ORG

SUNDAY SERVICE SCHEDULE

ORTHROS 8:15AM; DIVINE LITURGY 9:30AM

Fr. Vasileios Flegas
Protopresbyter
512-574-1972

Fr. George Bithos
Economos
512-507-9897

Deacon Sal Fazio 978-551-2169
Deacon Stephen Dow 512-228-1381
Deacon Haralambos Ryburn 210-325-7330

THESE HYMNS ARE SUNG BY THE COMMUNITY WITH THE CHANTERS
DURING AND AFTER THE SMALL ENTRANCE

Hymn

Τὸ φαιδρὸν τῆς Ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριάι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

To fedron tis Anastaseos kirigma, ek tu angelu mathuse e tu Kiriou mathitrie, ke tin progonikin apofasin aporrripsase, tis Apostolis kafhomena elegon Eskilefte o thanos, igerthi Christos o Theos, thorumenos to kosmo to mega eleos.

When the tidings of the resurrection from the glorious angel was proclaimed unto the women disciples and our ancestral sentence also had been abolished to the Apostles with boasting did they proclaim that death is vanquished ever more and Christ our God has risen from the dead and granted to the world His great mercy.

Hymn for St. John Climacus

Ταῖς τῶν δακρύων σου ροαῖς, τῆς ἐρήμου τὸ ἄγονον ἐγεώργησας, καὶ τοῖς ἐκ βάθους στεναγμοῖς, εἰς ἑκατὸν τοὺς πόνους ἔκαρποφόρησας, καὶ γέγονας φωστὴρ τῇ οἰκουμένῃ, λάμπων τοῖς θαύμασιν, Ἰωάννη Πατὴρ ἡμῶν ὅσιε, πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν

With the streams of thy tears, thou didst cultivate the barrenness of the desert; and by thy sighings from the depths, thou didst bear fruit a hundredfold in labors; and thou became a luminary shining with miracles upon the world, O John our righteous Father. Intercede with Christ God that our souls be saved.

Hymn for the Transfiguration of Our Lord and Savior Jesus Christ

Μετεμορφώθης ἐν τῷ ὄρει Χριστέ ο Θεός, δείξας τοῖς Μαθηταῖς σου τὴν δόξαν σου, καθὼς ἠδύναντο, Λάμπρον καὶ ἡμῖν τοῖς ἀμαρτωλοῖς, τὸ φῶς σου τὸ αἶδιον, πρεσβείαις τῆς Θεοτόκου, φωτοδότα δόξα σοι.

When O Christ our God Thou wast Transfigured on the mountain Thou didst reveal Thy glory to Thy disciples in proportion as they could bear it. Let Thine everlasting light also enlighten us sinners. Through the intercessions of the Theotokos, O Thou Bestower of light, glory to Thee

Kontakion

Τῇ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, Ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, Ἀναγράφω σοι ἡ Πόλις σου Θεοτόκε. Ἀλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, Ἐκ παντοίων με κινδύνων ἐλευθέρωσον, Ἴνα κράζω σοι· Χαῖρε νύμφη ἀνύμφευτε.

To You the Champion Commander, I, Your city, inscribe victorious anthems of thanksgiving for deliverance from sufferings, Theotokos. In as much as you have power unassailable, from all manner of dangers set me free. That I may cry out to you, Rejoice Bride unwedded

Megalynarion

Ἐπὶ σοὶ χαίρει, Κεχαριτωμένη, πᾶσα ἡ κτίσις, ἀγγέλων τὸ σύστημα, καὶ ἀνθρώπων τὸ γένος, ἡγιασμένε ναέ, καὶ Παράδεισε λογικέ, παρθενικὸν καύχημα· ἐξ ἧς Θεὸς ἐσαρκώθη, καὶ παιδίον γέγονεν, ὁ πρὸ αἰώνων ὑπάρχων Θεὸς ἡμῶν· τὴν γὰρ σὴν μήτραν θρόνον ἐποίησε, καὶ τὴν σὴν γαστέρα, πλατυτέραν οὐρανῶν ἀπειργάσατο. Ἐπὶ σοὶ χαίρει, Κεχαριτωμένη, πᾶσα ἡ κτίσις· δόξα σοι.

All of creation rejoices in you, O full of grace; the assembly of angels and the human race. You are a sanctified temple and a spiritual paradise, the glory from whom God was incarnate and become a child our God existing before all ages. He made your womb a throne, and your body more spacious than the heavens. All of creation rejoices in you, O full of grace. Glory to you.

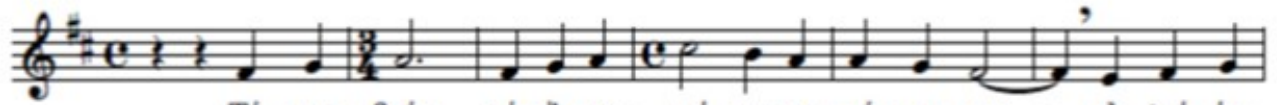
These HYMNS are sung by the community with the chanters during and after the small entrance during and after the small entrance

Music assists the development of the perception of spiritual life. The soul becomes refined. It begins to understand spiritual music as well. -St. Barsanuphius of Optina

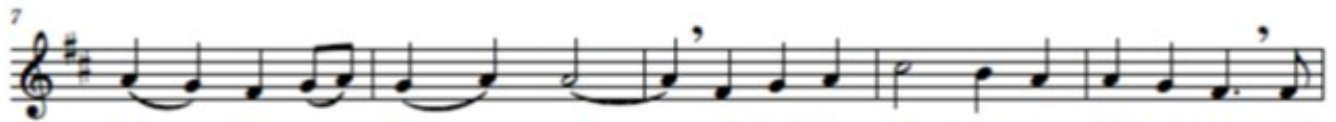
The Tidings - Τό Φαιδρόν

Ηχος Δ'

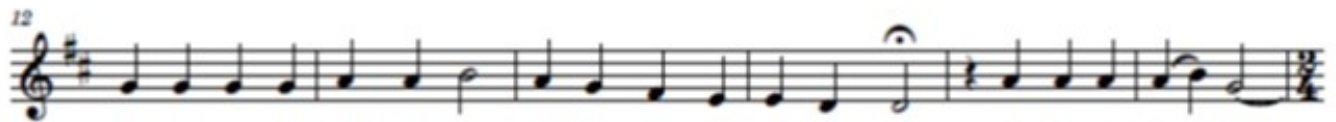
G Anastasiou



Τό φαι - δρόν τῆς Ἀ-να - στά - σε - ως κή - ρυγ - μα - ek τού άγ -
To - fe - dron tis A-na - sta - se - os ki - riy - ma ek tou an -
When the tid - ings of the re - sur - rec - tion from the -



γέ - λου μα - δού - σαι αἱ τού Κυ - ρί - ου μα - δή - τρι - οἱ καὶ
ge - lou ma - thou - se e tou Ky - ri - ou ma - thi - tri - e ke
glo - rious an - gel was pro - claimed un - to the wo - mendis - ci - ples and



τήν προ - γο - νι - κήν α - πο - φα - σιν α - πορ - ρι - ψα - σαι τοῖς Ἀ - πο - στό - λουσιν
tin pro - go - ni - kin a - po - fa - sin a - por - ri - psa - se tis A - po - sto - lis -
our an - ces - tral sen - tence al - so had been a - bo - lished to the A - pos - tles,



- καυ - χώ - με - ναι ε - λε - γον. Ἐ - σκύ - λευ - ται ο ἰ δά - να - τος ἡ -
- kaf - ho - me - ne e - le - yon. E - ski - lef - te o tha - na - tos i -
with boas - ting did they pro - claim that death is van - quished ev - er - more and



γέρ - δη Χρι - στός - ο θε - ός, δω - ρού - με - νος τώ κό - σμω τό
yer - thi Hri - stos - o - the - os, tho rou - me - nos to ko - smo to
Christ Our God has ri - sen from the dead and grant - ed to the world - His



μέ - γα έ - λε - ος.
me - ga e - le - os.
great - mer - cy.

THE FOURTH SUNDAY OF THE FAST: SAINT JOHN OF THE LADDER

Apolytikion

Intonation: #25

Plagal Fourth Mode

Allegro ♩=150

Ταῖς τῶν δακρῶν σου ῥοαῖς



With the streams of thy tears, thou didst cul - ti - vate the bar - ren - ness



of the— des - ert; and by thy sigh - ings



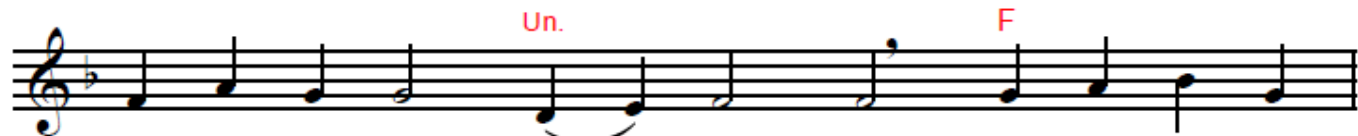
from the depths, thou didst bear fruit a hun - dred - fold in—



la - bours; and thou be - cam - est a lu - mi - nar -



y, shin - ing with mir - a - cles— up - on— the world,



O John our right - eous— Fa - ther. In - ter - cede with



Christ God that our— souls— be— saved.

Apolytikion of the Transfiguration

F Gm F C F Bb

Με-τε-μορ - φώ - θης έν τώ ό - ρει, Χρι - στέ - ο Θε - ός, δει - ξας τοίς μα-θη-
 Me-te-mor - fo - this en to o - ri, Chri - ste - o The - os, di - xas tis ma-thi-

9 F C F Gm C F C F

ταίς - Σου τήν δό-ξαν Σου, κα - θώς ή - δύ-ναν - το. Λάμ-πον και ή - μίν τοίς ά-μαρ-τω-
 tes - su tin do-xan Su, ka - thos i - dy-nan - do. Lam-pon ke i - min tis a-mar-to-

16 Gm F C Bb C F Bb F Gm F Dm

λοίς τό φώς-Σου τό ά - ι - δι - ον, πρε-σβει-αις τής Θε-ο - τό - κου. Φω-τα-δό-τα,
 lis to fos-Su to - a - i - di - on, pre-swi - es tis The-o - to - ku. Fo-to-do-ta,

24 Bb C F

δό - ξα - Σοι.
 do - xa - Si.

Apolytikion of the Transfiguration

English

When O Christ - our - God Thou was trans - figured on the moun - tain. Thou didst re -

8

veal Thy glo - ry to Thy di - sci - ples in pro - por - tion - as - they could bear - it.

15

Let Thine ev - er - las - ting - light - al - so en - light - en us - sin - ers.

21

Through the in - ter - ces - sions of the The - o - to kos, O Thou Be - stow - er of light, glo -


26

ry to Thee.

Lenten Hymn

Τη Υπερμάχω

Moderato



Τη ύ - περ - μά χω στρα - τη γω τά νι - κη - τή - ρι - α
Ti i - per - ma ho stra - ti - gho ta ni - ki - ti - ri - a
To You, the Cham - pi - on Com - man - der, I, Your Ci - ty

5



ὡς λυ - τρω - θεί σα των δει - νων εὐ - χα - ρι - στή - ρι - α!
os li - tro - thi - sa ton dhi - non ef - ha - ri - sti - ri - a!
— In - scribe vic - tor - i - ous an - thems of Thanks - giv - ving,

10




'Α - να - γρά - φω Σοι ἡ πό - λις Σου Θε - ο - τό - κε. 'Αλλ' ὡς
A - na - gra - fo Si i po - lis Sou The - o - to - ke. All' os
For de - li - ver - ance from suf - f'ring, O The - o - to - kos, In as

15




έ - χου - σα τό κρά - τος ἀ - προ - σμά χη τον. 'Εκ παν -
e - hou - sa to kra - tos a - pro - sma - hi - ton. Ek pan -
much as you have - pow - er un - a - sail - a - ble, From all

20



τοί - ων με κιν - δύ - νων ε - λευ - θέ - ρω - σον 'Ι - να κρά - ζω -
ti - on me kin - dhi - non e - lef - the - ro - son I - na kra - zo -
man - ner of dan - gers, O set me free; That I may cry out to

25



Σοι Χαί - ρε, Νύμ - φη ά - νύμ - φευ - τε.
Si He - re, Nim - fi a - nim - fev - te.
you, Re - joice O Bride un - wed - ded.

St. Paul's Letter to the Hebrews 6:13-20

Prokeimenon. Mode 4
Psalm 103.24,1

Προκείμενον. Ἦχος δ'
ΨΑΛΜΟΙ 103.24,1

O Lord, how manifold are your works. You have made all things in wisdom.
Verse: Bless the Lord, O my soul.

Ὡς ἐμεγαλύνθη τὰ ἔργα σου Κύριε, πάντα ἐν σοφίᾳ ἐποίησας.
Στίχ. Εὐλόγει ἡ ψυχὴ μου τὸν Κύριον.

The reading is from St. Paul's Letter to the Hebrews 6:13-20

Πρὸς Ἑβραίους 6:13-20 τὸ ἀνάγνωσμα

BRETHREN, when God made a promise to Abraham, since he had no one greater by whom to swear, he swore to himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek.

Ἄδελφοί, τῷ Ἀβραάμ ἐπαγγελιάμενος ὁ θεός, ἐπεὶ καθ' ἑαυτοῦ, λέγων, Ἴη μὴν εὐλογῶν εὐλογήσω σε, καὶ πληθύνων πληθυνῶ σε. Καὶ οὕτως μακροθυμήσας ἐπέτυχεν τῆς ἐπαγγελίας. Ἄνθρωποι μὲν γὰρ κατὰ τοῦ μείζονος ὀμνύουσιν, καὶ πάσης αὐτοῖς ἀντιλογίας πέρας εἰς βεβαίωσιν ὁ ὄρκος. Ἐν ᾧ περισσότερον βουλόμενος ὁ θεὸς ἐπιδειξάτω τοῖς κληρονόμοις τῆς ἐπαγγελίας τὸ ἀμετάθετον τῆς βουλῆς αὐτοῦ, ἐμεσίτευσεν ὄρκῳ, ἵνα διὰ δύο πραγμάτων ἀμεταθέτων, ἐν οἷς ἀδύνατον ψεύσασθαι θεόν, ἰσχυρὰν παράκλησιν ἔχωμεν οἱ καταφυγόντες κρατῆσαι τῆς προκειμένης ἐλπίδος· ἦν ὡς ἄγκυραν ἔχωμεν τῆς ψυχῆς ἀσφαλῆ τε καὶ βεβαίαν, καὶ εἰσερχομένην εἰς τὸ ἐσώτερον τοῦ καταπετάσματος· ὅπου πρόδρομος ὑπὲρ ἡμῶν εἰσηλθεν Ἰησοῦς, κατὰ τὴν τάξιν Μελχισεδέκ ἀρχιερεὺς γενόμενος εἰς τὸν αἰῶνα.



DIGITAL CHANT STAND
OF THE GREEK ORTHODOX ARCHDIOCESE OF AMERICA

Scan the QR code with your phone/tablet to access
Digital Chant Stand



- Select the date and service to follow both the text and the music
- Hold down the "VIEW" button to the right of the service and choose "Open in new tab"

Candle Donations:

Venmo: @Transfiguration

Text: "TGOCATX" to 73256

Realm Connect App: Giving/Make a Gift



The Gospel According to Mark 9:17-31

At that time, a man came to Jesus kneeling and saying: "Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seizes him it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And he answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to me." And they brought the boy to him; and when the spirit saw him, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can! All things are possible to him who believes." Immediately the father of the child cried out and said, "I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when he had entered the house, his disciples asked him privately, "Why could we not cast it out?" And he said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And he would not have any one know it; for he was teaching his disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill him; and when he is killed, after three days he will rise."

Τῷ καιρῷ ἐκείνῳ, ἄνθρωπός τις προσῆλθε τῷ Ἰησοῦ λέγων, διδάσκαλε, ἤνεγκα τὸν υἱόν μου πρὸς σε, ἔχοντα πνεῦμα ἄλαλον. καὶ ὅπου ἂν αὐτὸν καταλάβῃ, ῥήσσει αὐτόν, καὶ ἀφρίζει καὶ τρίζει τοὺς ὀδόντας αὐτοῦ, καὶ ξηραίνεται· καὶ εἶπον τοῖς μαθηταῖς σου ἵνα αὐτὸ ἐκβάλωσι, καὶ οὐκ ἴσχυσαν. ὁ δὲ ἀποκριθεὶς αὐτῷ λέγει· ὧ γενεὰ ἄπιστος, ἕως πότε πρὸς ὑμᾶς ἔσομαι; ἕως πότε ἀνέξομαι ὑμῶν; φέρετε αὐτὸν πρὸς με. καὶ ἤνεγκαν αὐτὸν πρὸς αὐτόν. καὶ ἰδὼν αὐτὸν εὐθέως τὸ πνεῦμα ἐσπάραξεν αὐτόν, καὶ πεσὼν ἐπὶ τῆς γῆς ἐκυλίετο ἀφρίζων. καὶ ἐπηρώτησε τὸν πατέρα αὐτοῦ· πόσος χρόνος ἐστὶν ὡς τοῦτο γέγονεν αὐτῷ; ὁ δὲ εἶπε· παιδιόθεν. καὶ πολλάκις αὐτόν καὶ εἰς πῦρ ἔβαλε καὶ εἰς ὕδατα, ἵνα ἀπολέσῃ αὐτόν· ἀλλ' εἴ τι δύνασαι, βοήθησον ἡμῖν σπλαγχνισθεὶς ἐφ' ἡμᾶς. ὁ δὲ Ἰησοῦς εἶπεν αὐτῷ τὸ εἰ δύνασαι πιστεῦσαι, πάντα δυνατὰ τῷ πιστεύοντι. καὶ εὐθέως κράξας ὁ πατὴρ τοῦ παιδίου μετὰ δακρύων ἔλεγε· πιστεύω, κύριε· βοήθει μου τῇ ἀπιστίᾳ. ἰδὼν δὲ ὁ Ἰησοῦς ὅτι ἐπισυντρέχει ὄχλος, ἐπέτιμησε τῷ πνεύματι τῷ ἀκαθάρτῳ λέγων αὐτῷ· τὸ πνεῦμα τὸ ἄλαλον καὶ κωφόν, ἐγὼ σοι ἐπιτάσσω, ἔξελθε ἐξ αὐτοῦ καὶ μηκέτι εἰσέλθῃς εἰς αὐτόν. καὶ κράξαν καὶ πολλὰ σπαράξαν αὐτόν ἐξῆλθε, καὶ ἐγένετο ὡσεὶ νεκρός, ὥστε πολλοὺς λέγειν ὅτι ἀπέθανεν. ὁ δὲ Ἰησοῦς κρατήσας αὐτόν τῆς χειρὸς ἤγειρεν αὐτόν, καὶ ἀνέστη. Καὶ εἰσελθόντα αὐτόν εἰς οἶκον οἱ μαθηταὶ αὐτοῦ ἐπηρώτων αὐτόν κατ' ἰδίαν, ὅτι ἡμεῖς οὐκ ἠδυνήθημεν ἐκβαλεῖν αὐτό. καὶ εἶπεν αὐτοῖς· τοῦτο τὸ γένος ἐν οὐδενὶ δύναται ἐξελεῖν εἰ μὴ ἐν προσευχῇ καὶ νηστείᾳ. Καὶ ἐκεῖθεν ἐξελθόντες παρεπορεύοντο διὰ τῆς Γαλιλαίας, καὶ οὐκ ἤθελεν ἵνα τις γνῶ· ἐδίδασκε γὰρ τοὺς μαθητὰς αὐτοῦ καὶ ἔλεγεν αὐτοῖς ὅτι ὁ υἱὸς τοῦ ἀνθρώπου παραδίδοται εἰς χεῖρας ἀνθρώπων, καὶ ἀποκτενοῦσιν αὐτόν, καὶ ἀποκτανθεὶς τῇ τρίτῃ ἡμέρᾳ ἀναστήσεται.

“HE IS ALWAYS WRESTLING IN PRAYER FOR YOU...” (COLOSSIANS 4:12)

PRAYERS FOR THOSE IN OUR ARMED FORCES

Chaplain Ahmad Athanasios Williams , SSGT Jennifer D. Atkinson, COL Dave Romine, CPT James Alfaro, MAJ Timothy Ullman, Col. Chris Chase, SPC Mindy Keys, SPC Andrew Bentzel, MAJ Scot Thornhill, CPT Christopher Gilbert, Major Alexander Stathos, 1st LT Angela Bahlatzis, MIDN 1/C Joseph Barone, LCDR Thomas Uhl, Lt. Lance Shannon, CPT Raphael Regalado, SSG George Graman , SSG Rebeca Najib, TSGT Trevor Soto

“THE PRAYER OF A RIGHTEOUS PERSON IS POWERFUL AND EFFECTIVE” (JAMES 5:16)

PRAYERS FOR HEALTH

Prsb. Aspazia, Prsb. Vasiliki, Sophia, Michael, Ioanna, John Garwood, Luke Garwood, Andrew Garwood, Kara Hardy, William, George, Panagiota, Demetra Anna Georgantonis-Keah, Gayla Easley, Jacob, Patricia, Jack, Michelle, Marc, Evan Wilson, Hank Wilson, Vasiliki, Sophia, Rob, Beth, Anirban, Stephen, Jill Gentry, Alexander, Jacob, Carl (Gregory) Forsberg, Becca, Chris, Glory, Bryce, Savanna, Addison, Dina, Manny, Oakley Grace, Giuseppe, Romano, Costa,

PRAYER FOR CATECHUMEN

O Lord our God, who dwellest on high and regardest the humble, who has sent forth as the salvation of the race of men Thine only-begotten Son and God, our Lord Jesus Christ: Look down upon Thy servants the Catechumens, who have bowed their necks before Thee; make them worthy in due season of the laver of regeneration, the forgiveness of sins and the robe of incorruption. Unite them to Thy holy, catholic and apostolic Church, and number them with Thine elect flock: That with us they may glorify Thine all-honorable and majestic name of the Father and of the Son and of the Holy Spirit, now and ever, and unto ages of ages.

Rachael Adamson, Winston Cooke, Kelby, Jamison, Jeff, Lori, Walker, Geoffrey, J.P. Kirby, May Marshall, Carly Cheatham, Val Mayerik, Colleen Bayer, Carlos Antonio Cavazos, Monte Lee-Wen, Sheldon Lee Wen, Hugo Teran, Astraya, Brent Snyder, Christina Snyder, Tasha Adams, Nicholas Mathes, Heather Marshall, Amanda Stone, Aidan Carlin, Jessenia Carranza, Jacob Spevak, Richard Runde

Bringing Your Brokenness

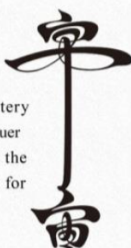


Bringing Your Brokenness is a ministry developed for those who have, or consider themselves to have, a life-debilitating issue. That can range from anxiety or panic disorders, eating disorders, checking internet or social media to the point of shutting out your family, or to drug or alcohol addiction.

Open to individuals and couples, meetings will be held bi-monthly on Thursday evenings. Our next meeting will be **AFTER BRIGHT WEEK** with an exact date coming soon. Our goal is to provide a loving Orthodox Christian atmosphere for support, accountability, study, and discussion, with the ultimate goal of restoring our souls and bodies to the image and likeness of God. We will be studying the Akathist to Jesus: Light to Those in Darkness.

kintsukuroi

(Japanese term)
“to repair with gold”–
the art of repairing pottery
with gold or silver lacquer
and understanding that the
piece is more beautiful for
having been broken



If you have any questions, please contact either:
Brian Holland at 512-786-7851
or Susan Holland at 512-659-3425





GREEK ORTHODOX METROPOLIS OF DENVER

March 20, 2024

Beloved Clergy, Esteemed Members of the Parish Council, Respected Members of the Philoptochos, Honorable Archons, and Faithful Parishioners of our Metropolis of Denver,

At his time of year, coming into Great Lent, I am reminded of the Prokeimenon sung at the Procession of the Icons of the Sunday of Orthodoxy, Pascha, and Pentecost:

Who is so great a God as our God? You alone are the God who does wonders.

The beginning of the Triodion asks us to consider the greatness of God and all that He has done for us. As we ponder the greatness of God, we should also consider how to respond. It is through the great mercy of God that we are given the opportunity to be humble like the publican, be repentant like the prodigal, perform good works like the sheep, and to receive and offer forgiveness. Each Sunday of the Triodion, from before Lent up until Mary of Egypt, highlights a different lesson on the salvific work of God, but undergirding it all are the spiritual practices given to us by Christ in Matthew 6: alms, prayer, and fasting.

As you consider the ways to offer back to the Church, I would ask that you consider the students attending Hellenic College/Holy Cross. I fondly remember my time at Holy Cross (2013-2017) as a moment set apart from the world. For me it was a time of great personal growth: spurred on by my desire to continue to learn about my faith; encouraged and nurtured by the professors; developed by the liturgical life of the chapel; and solidified through my friendships at the school and back home. It was my connection back home that most encouraged me to succeed. When I realized that my education was not my own, but would be offered back to the Church, I felt an even greater responsibility to learn. Likewise, as leaders of our local communities, we must convey this same message to the people.

We are at a time in the life of the church when we are struggling to find clergy to serve in our Metropolis, and the distance between our Metropolis and the school can often feel overwhelming for the students. During this time of Great Lent, and indeed throughout the year, I would ask that we all remember the difficulty and the great sacrifice that it can take to attend Holy Cross, both personally and financially. We must always offer up our prayers for the school and the students; however, we have to be willing to support the students as well through financial gifts. These gifts help to provide a connection with the students, ease the burden of studying without additional income, and make them feel welcome and needed in the Metropolis of Denver.

On behalf of His Grace, Bishop Constantine, I ask you to please pass a tray on the Sunday of the Holy Cross, April 7th. Please also communicate the importance of our students to the members of your community and ask them to be generous in their offerings. Our students are the future of our Church leadership, and all donations will go directly to them. Kindly forward your checks, payable to the Metropolis of Denver: attention HCHC 2024 by April 25th. At present, we have five students in the Masters of Divinity program; three will graduate this year. Two, God-willing, will be ordained to serve our Metropolis. The third graduate will be serving as a pastoral assistant. I thank you in advance for your generosity and commitment to Christ's Holy Church and the mission of our sacred School.

With the blessing of Metropolitan Isaiah of Denver and Bishop Constantine of Sassima,

Deacon Nicholas Stefanović
Saint Spyridon Greek Orthodox Church
Loveland, CO

WE WILL BE PASSING A SECOND TRAY TODAY FOR OUR SEMINARIANS

HIS EMINENCE METROPOLITAN NATHANAEL OF CHICAGO

Will be visiting our Parish on **Wednesday, April 17**, joining us for Presanctified Liturgy, with dinner immediately following. Please come and meet our Locum Tenens Hierarch who wishes to meet and speak with all of us.

Presanctified 5:30pm

Lenten Dinner with His Eminence 6:30pm

Discussion with His Eminence 7pm



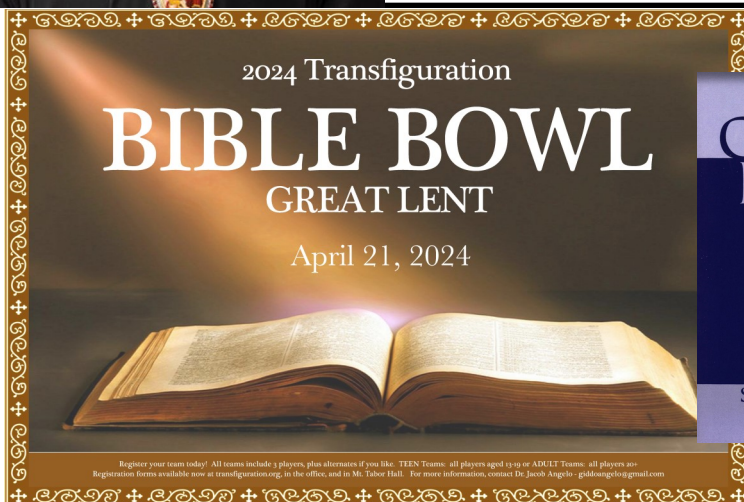
HIS GRACE BISHOP CONSTANTINE OF SASSIMA

Please join us **Lazarus Saturday, April 27**, as we celebrate with His Grace, and let's all welcome our newly Illumined Orthodox Christians.

Lazarus Saturday Orthros 7:30am and Divine Liturgy 9:30am

Lenten Pancake Breakfast 11:30pm

Decoration of our Church/folding of Palms/ HOPE/JOY skit 12pm



2024 Transfiguration
BIBLE BOWL
GREAT LENT
April 21, 2024

GREAT LENT
Journey to Pascha
+

ALEXANDER
SCHMEMMANN

Register your team today! All teams include 3 players, plus alternates if you like. TEEN Teams: all players aged 13-17 or ADULT Teams: all players 18+. Registration forms available now at transfiguration.org, in the office, and in Mt. Taber Hall. For more information, contact Dr. Jacob Angelo: giddoangelo@gmail.com

Transfiguration Bible Bowl

April 21, 2024

Topic: “Great Lent”: Journey to Pascha by Alexander Schmemmann

The questions will be taken from “Great Lent”: Journey to Pascha by Alexander Schmemmann .

Sample questions and registration forms are available in the church hall or contact Jacob Angelo at:
giddoangelo@gmail.com



MONASTICISM

Men's Fellowship

Thursday, April 18

Potluck Dinner 6pm
Discussion right after

COME JOIN US AT

OCF



JOIN OUR GROUPME!

ORTHODOX CHRISTIAN FELLOWSHIP,
FOR COLLEGE AGED YOUNG ADULTS

EVERY TUESDAY FROM
7:30 - 9:00 PM

FOR FOOD, FAITH,
AND FELLOWSHIP

AT THE ALL SAINTS EPISCOPAL CENTER
209 w 27th St., Austin, TX, 78705

CONTACT REBEKA PAPANIKOLAOU (210)624-1424 FOR MORE INFORMATION!

WOMEN'S FELLOWSHIP
TUESDAY, APRIL 16TH @ 7PM

CONTACT CHANTÉL FOR LOCATION & PLEASE USE THE QR CODE TO JOIN THE GROUPME CHAT!

METROPOLIS OF DENVER
CAMP & RETREATS 2024

JUNE 23-29
CAMP EMMANUEL
LARKSPUR, CO

Early Bird Registration - \$550 First 50 spots
or through April 14 -- whichever occurs first
Regular Registration - \$575 Next 50 spots
or through May 14 -- whichever occurs first
Late Registration - \$650

FOR MORE INFO
MINISTRIES@DENVER.GOARCH.ORG

GREAT LENT

Journey to Pascha



ALEXANDER
SCHMEMANN

POTLUCK PATRISTICS
BOOK CLUB
MONDAYS AT 7:00 PM
BEGINNING MARCH 18

MONDAYS DURING
GREAT LENT

GREAT COMPLINE
6PM

POTLUCK DINNER
7PM

POTLUCK PATRISTICS
WITH FR. VASILEIOS
(Great Lent: Journey to
Pascha by
Alexander Schmemann)
7:30PM



IT'S TIME TO CLEAN UP



Parish Spring Cleaning Work Day, April 20

Please join us on **Saturday, April 20** as we prepare for Pascha with Spring cleaning of our grounds and facilities. Projects include landscape maintenance, removal of junk, cleaning in the sanctuary.

Date: April 20

Time: 8:30 AM - 1:00 PM

Lunch will be provided.

Contact Stuart Yoder (512-914-9938, stuyoder@gmail.com) with any questions.





GOYA Lent Event!

Saturday, April 20, 4 pm at Church

Join us for Vespers, Dinner, and a service project. Confession will be offered for GOYANs throughout the evening.

Please RSVP by 4/14/24:



GOYA GREEK DANCE LESSONS

CALLING ALL 6TH-12TH GRADERS



**EVERY PERFORM
SUNDAY AT THE
AT 12PM GREEK
FEST!**

Meet near the outdoor picnic tables
For more info, contact Alex Michalacos
ALEXAKOS@SBCGLOBAL.NET

Alex Michalacos and Costaki Skevofilax are continuing Greek dance lessons in preparation for performances at our Greek Fest. We will assemble at 12pm each Sunday outside near the benches. We will take no more than 45 min to an hour. **ZERO** previous experience is necessary, and zero previous Greekness is necessary. We are going to perform three dances at the Festival. This is going to be a very fun way to finish up the year.

5TH ANNUAL GREEK FESTIVAL



Memorial Day Weekend 2024

Our Festival is bigger and better each year and

AUSTIN LOVES IT

Help us again this year to show them what hospitality and fellowship mean!

Scan the QR code and sign up as a Festival Volunteer



Camp St. Nicholas 2024



Mark your calendars for camp:

June 3, 4, 5, and 6

Monastery trip to St. Paraskevi: Friday, June 7

Theme: Life of the Theotokos.

VOLUNTEERS NEEDED!

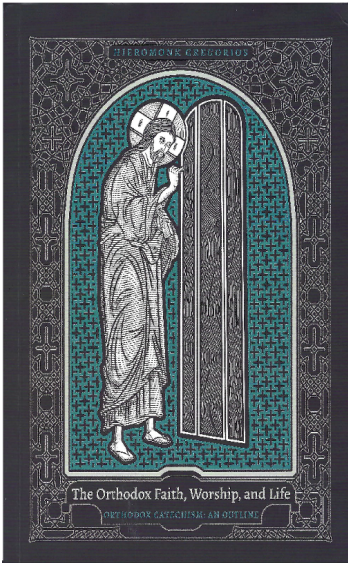
Scan here to sign up.



ORTHODOXY 101

THE BASICS OF THE ORTHODOX FAITH, WORSHIP AND LIFE

Starting Wednesday Evening February 7, 2024
Mount Tabor Hall immediately after
the Paraklesis Service to the Theotokos



**Open to All Inquirers,
Catechumens, and Faithful
Come and Learn about the
Orthodox Faith while enjoying
Wonderfull Fellowship!!**

Evening Schedule:

Paraklesis Service to the Theotokos 5:30 PM

Light Lenten Pot Luck Supper 6:00 PM

Class 7:00 - 9:00 pm

(Class will be offered in person and via Zoom)

For more information please contact

Fr George at lcons3@me.com

PARISHIONERS IN NEED OF A RIDE

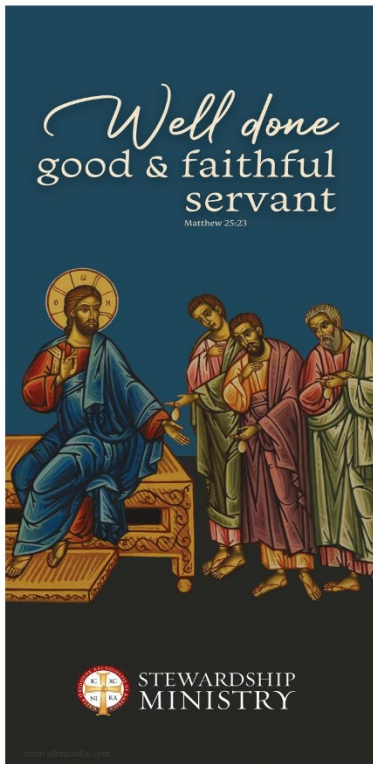
we have parishioners in need of a
ride for sunday Liturgy in the
following zip codes:



78717, 78741, 78617
& 78748

If you can help please contact
Eleni HRissikopoulos at:
ehriss@gmail.com

Thank you so very
much



Seeing the world as God's gift...

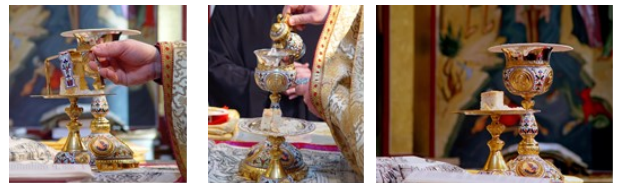
Through Holy Communion, we
are drawn out of ourselves and

embrace the mission of our parish. We carry the fire of God's love within us with the power to renew all things. When we understand the true meaning of the Holy Eucharist, we bridge the gap between liturgy and life, between the love of Jesus on cross and our daily lives, between our beautiful theology and practical stewardship.

As Eucharistic Orthodox Christians, we see the world as God's gift. We offer the world back to God in thanksgiving with the words, "Thine own of Thine own we offer to Thee...."

Our stewardship program is now YEAR-ROUND, so your pledge will remain on file, unless you submit a new form or change the amount of your giving on Realm. It will continue with the submitted amount from year to year.

We encourage all stewards to reevaluate their giving on a yearly basis and adjust their pledge accordingly. God calls us to give back for all that He has given to us.



COMMITMENT CARD
2024

New Communication



April 2, 2024

Subject: **New Mount Tabor Community Center**

Dear Fellow Parishioners,

It's been so very exciting to see the continued construction progress of our new community center. Thank God for all of you who have so generously shared your Time, Talent, and Treasure to make our "Dream a Reality"!

Now we need to respond with the same level of commitment to Phase 2 of the project.

Phase 2 includes upgrading the detention pond, repurposing the current septic system for the sanctuary, and razing Mt. Tabor Hall to put in place a new parking lot. The new parking lot is critical for future Greek Festivals and parishioner parking since military base access each Sunday is not guaranteed. As a community, we have dedicated so many man-hours and resources towards making the festival a sensational event. We must secure its success for 2025 and beyond.

Currently, we are short of our Phase 2 goal of 193 participants (~80% of parishioners) and \$245,000.

You may recall from my last communication mentioning that one of our faithful families used money from their own retirement fund to donate, another family is foregoing a vacation in 2024, a young parishioner donated \$30,000 to this initiative, and there are many others making a sacrifice. I am humbled and amazed by this level of giving for God's Church! I also realize so many people have given so much of their time, talent, and treasure already to our expansion project.

We now need to stretch a little more to complete what we've so lovingly and diligently started.

We currently have 94 parishioner families who have committed \$155,252, which is generous but short of our goal. Please look at the table below and determine the amount that you can commit to today! If you can contribute to our Phase 2 initiative, we ask that you submit the pledge form ASAP and fulfill your commitment by June 1. As you can see, this initiative is very attainable if we are able to get 80% of parishioners to participate, and you can use the information below as a guide to determine your pledge amount. Make it a part of your Lenten journey to Pascha this year. Your commitment helps build the future of our Church.

# Of Contributors Needed	Contribution Amount	Total from All Contributors
3	\$13,000	\$39,000
6	\$6,500	\$39,000
12	\$3,250	\$39,000
24	\$1,625	\$39,000
48	\$813	\$39,000
100	\$500	\$50,000
193		\$245,000

While living in Houston before moving to Austin over 27 years ago, I remember Fr. Lou Christopoulos, the Proestamenos of Annunciation Cathedral (currently Chancellor of our Denver Diocese) gave a sermon during our expansion project. I remember he stressed that no matter what the challenge, we *must* complete what we were doing for the glory and honor of God. Now, his words come back to me since we are SO VERY close to finishing this project. I implore you that we come together as a Church family and give generously to see this Phase 2 through to completion. As always, I thank you so very much for all that you have done and continue to do for our beloved Church. Please don't hesitate to contact me if you have questions, and please give to this project as you always have, with a generous and cheerful heart. Have a blessed Great Lent.

In Christ's Love,

George Gianakopoulos, Parish Council President, 512-914-2636

cc: Building Fund Committee (Fr. Vasileios Flegas, Bill Robertson, Elton Stewart, John Stefanos)

TRANSFIGURATION GREEK ORTHODOX CHURCH

Mount Tabor Community Center (MTCC)

Phase 2 Donation

Building Faith, Family and A Future

In gratitude for God's blessings, I/We offer the following financial commitment.

Give, and it shall be given unto you; good measure, pressed down, and shaken together, and running over, shall men give into your bosom. For with the same measure that ye mete withal it shall be measured to you again. Luke 6:38

Name: _____ Date: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____ Email: _____

Total Donation. Payment completion by June 1, 2024, is appreciated. \$ _____

Total paid to date \$: _____

Total balance: \$: _____

Please make checks to: Transfiguration Greek Orthodox Church: Building Expansion

Donation contributions can be made through EGiving, using

<https://transfiguration.org/>.

Please contact us if you will consider fulfilling a portion of your contribution gift through a transfer of stocks, bonds, or retirement assets.

Donations are tax deductible as provided by law.

Signature: _____

Date: _____



Dream big. Work hard. With God's blessing, anything is possible.

REQUESTING YOUR SUPPORT TO REPURPOSE MT. TABOR HALL FOR ADDITIONAL PARKING

Holy Transfiguration Greek
Orthodox Church



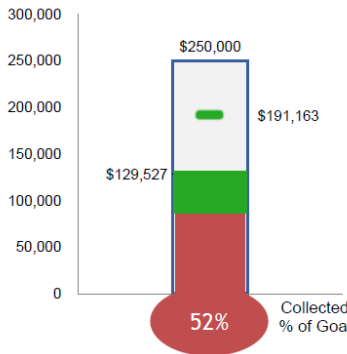
**Building Faith, Family,
and a Future**
New Mount Tabor Hall

Requesting your support to repurpose Mount Tabor Hall for additional parking

April 14, 2024	
TGOC Building Expansion Phase II Pledge Goal	\$250,000
Total Committed	\$191,163
Total Pledges Collected	\$129,527
Collected % of Goal	52%
Pledge Participant Goal	193
Pledge Participant as of today	103
Support our Building Expansion Phase II	

TGOC BUILDING EXPANSION PHASE II

■ TGOC Building Expansion Phase II Pledge Goal
■ Total Pledges Collected



HELP US REACH OUR GOAL OF 193 PLEDGE PARTICIPANTS



Thank you to our Building Expansion Phase II Pledgers

Fr. Vasileios & Prsb. Stella Flegas
Fr. George & Prsb. Ria Bithos
Dn. Stephen & Dnss. Diann Dow
Dn. Sal & Dnss. Angela Fazio
Dn. Haralambos & Dnss. Michelle Ryburn

Ackerman, Eleni
Adamson, Phillip
Ambrose, Rod & Effie
Angelo, Dr. Jacob & Diana
Atiyah, Makram & Nasrine
Ayers, Rob & Madga
Bakiris, Michali & MaryKatherine
Benno, Georgine
Blomberg, Cecilia
Bryant, Jason & Katie
Carabinieri, Sophia
Cavazos, Carlos & Angeliki
Chris's Investments
Cocavesis, Nicolas
Colovas, Bill & Betty
Constantinides, Menas &

Melissa Daniello, Victor
Demirdal, Tsambika Bakiris
Esper, John & Jessica
Garwood, Jason & Amity
Gatlin, Jack & Pat
Gavriel, Cyrus & Maria
Georgantonis, Mary
George, Anthony & Effie
George, Dr. Thomas
Ghebremicael, Abraham
Giakoumakis, Evangelos
Gianakopoulos, George & Crissi
Giannopoulos, Demetris
Giannukos, George
Gleason, Katherine
Gradziel, MaryBeth
Hahalis, Roula
Haldes, Tula
Hareng, Michael & Rachelle
Hearne, Gayle
Herescu, Octavian
Hicks, Vickie
Holtsinger, Gretchen
Horwedel, David & Eleni
Hrissikopoulos, Eleni
Jones, Ralph & Anita

Justice, Johnny & Argyro
Justice, Maria
Kalpaxis, Dr. James
Katsos, Elias & Panagiota
Kavadas, Christine
Keller, Chris & Amy
Kinslow, Mike & Sheri
Kolber, Carolyn
Larroque, Zephaniah
Leara, William & Michelle
Leatherwood, Elaine
Levendakes, Steve
Long, Mary
McColloch, Corbin
Meador, Dina
Mendoza, Juan & Chelsea
Menezes, Vitor
Miller, Keith & Chyrisse
Misthos, Jim & Donna
Morrow-Rainwater, Mark
Nelson, Richard & Helen
Orr, Terry
Papanastasiou, Nick
Peter, Evan & Brandie
Phocas, Denis & Sonia
Pon, Ken & Mary-Ellen
Poulos, Gabe
Price, Peter & Cynthia

Psihramis, Alexander
Reeder, Daniel & Terri Stone
River, Mitch & Cari
Robertson, Bill & Linda
Russon, Nicholas
Shotwell, Patrice
Sikes, Adrian & Khrystal
Siow, Roy
Southwick, Philip & Mary
Voorhies
Stathos, Judith
Stefos, John & Meredith
Stevens, Aaron
Stiurca, Dan
Suehs, Brandon & Jennifer
Taylor, Brook
Vega, Elias & Yolanda
Wilson, Evan
Woodruff, Rachell
Woodruff, Rober & Debra
Wynn, Allen & Julie
Yediares, Pam
Yiannos Family Foundation
Zaccak, Imad

A P R I L 1 4 , 2 0 2 4

General Assembly

M T . T A B O R H A L L 1 2 P M

Agenda

Establishment of Quorum	G. Gianakopoulos
Call to Order	G. Gianakopoulos
Opening Prayer	Fr. Vasileios
Election of Assembly Chairperson	Parishioners
Appointment of Assembly Secretary	Assembly Chair
Approval of Meeting Agenda	Assembly Chair
Approval of Minutes from Prior Meeting	Assembly Secretary
Treasurer's Report	R. Stamas-Hareng
Audit Report	Audit Committee
Stewardship Report	A. Rosario
Greek Festival	C. Christou & M. Kinslow
Expansion	E. Stewart & Gianakopoulos
Welcome Packet and Visitors Table	M. Constantinides
Facilities Manager	A. Michalacos
Sacrament & Community Center Fees	P. Kanelos
Adjournment	Assembly Chair
Closing Prayer	Fr. Vasileios



Services & Activities for next Week

Monday, April 15

**Great Compline 6pm Lenten Potluck Dinner 7pm
Great Lent class with Fr. Vasileios 7:30pm**

Wednesday, April 17

**Tykes Meeting 10am
Presanctified with His Eminence Bishop Nathanael of Chicago
5:30pm Lenten Dinner 6:30pm Discussion with His Eminence 7pm**

Friday, April 19

**Presanctified 10am
Akathist to the Theotokos 6pm**



**LENTEN
MENU**

Shrimp Coconut Stew

*Shrimp, Coconut Milk, Red Bell Pepper,
Scallions, Cilantro, Garlic, Red Pepper
Flakes, Tomatoes & Lime*

O R

Lentil Soup

Prepared separately from the shrimp.

A N D

***Rice, Green Salad, Fruit Salad,
Bread, Desserts, Drinks***

**Peanut Butter sandwiches
offered as an alternative ...
(prepared separately)*



*Thank
you!*

**TO ALL OUR MONTHLY
LUNCHEON SPONSORS**

for today's luncheon

DeRossi

Garwood

Jones

Meador

Michalakos

Shannep

Tomadakis

**Thank you to last Coffee Hour
Sponsors:**

*Wynn (Captains), Alvarez,
Willman*

**Thank you to today's Luncheon
Sponsors:**

*DeRossi, Garwood, Jones,
Meador, Michalakos, Shannep,
Tomadakis*

**Thank you to our Coffee Hour
Sponsors:**

*Yedias P (captain), Yaqoob, Yoder,
Atiyah, Esper, Boyer, Halter*

Thank you to last week's ushers:

*Rachelle Hareng (PCM)
Mark Saenz, Gail Saenz,
Michael Dindio, Jack Gatlin*

Thank you to today's ushers:

*Panos Kanelos (PCM)
Katie Kish, Rod Ambrose,
Effie Ambrose*

Next week's ushers are:

*Alexander Michalakos (PCM)
Dan Appling, Gigi Appling*