

**WEEKLY ANNOUNCEMENTS: Sunday, March 4, 2012**

***Philoptochos News***

- We are now on the path of our Lenten Journey; please take the time each day to reflect on your spiritual life by praying and the reading of God's word.
- Thank you to Betty Colovas and her Team for the delicious Pre-Sanctified Dinner this past Wednesday. Philoptochos is sponsoring the Pre-Sanctified Dinners on March 7th and also March 14th and look forward to having our church community with us.
- We continue to collect items for the Safe House and would accept any type of kitchen items, baby clothes, toys, car seats, and of course gift cards. We are amazed each month at the outpour of kindness from this parish. **THANK YOU!**
- Don't forget to help us raise funds while you shop! Stop by our Philoptochos table and pick up some today! We have HEB, Randall's, Sprouts, Whole Foods, Starbucks, Old Navy/Gap/Banana Republic, and many more!

**BOOKSTORE NEWS!**

If you are looking for a very special children's book that depicts the falling asleep of the Blessed Theotokos, with original beautiful illustrations, we have it! It is titled "Our Hymn to the Mother of God". Come by and see them; we have a limited supply. They make wonderful gifts!

We have just received some bracelets with beautiful inscriptions on them, and some Jesus Prayer rings. We also have several books that will help you through this Great Lent season.

We will soon be carrying a more extensive supply of wedding crowns (many imported from Greece) as well as candles, wedding cups, trays and icons. They are all worth seeing!

**YAL/OYA**

*The young adults will meet on Monday, March 19th, right after the 6:00pm Compline*

**OCF (Orthodox College Fellowship)**

OCF will meet on Tuesday, March 6th at 6:30pm at the University Episcopal Center. Contact Blagoje Djordjevic at [zdjordje@gmail.com](mailto:zdjordje@gmail.com).

**GOLF (Greek Orthodox Ladies Fellowship)**

GOLF will meet on Thursday, March 8 at 10:00am to continue their study of Path to Sanity. All women are encouraged to attend!

**Thank you to today's Coffee Hour Sponsors:**

**Korioth, Kounelias, Kourkounakis, Leara, Kobzar**

*Thank you to last week's Coffee Hour Sponsors:  
Keys, Khan, Kinnas, Miller, Leatherwood*

*Next Week's Coffee Hour Sponsors:  
Nicolaou, Nikas, Norman, O'Brien, Omer*

**Thank you to today's ushers:**

*Brandon Suehs, Nyda Glaros,  
Dan & Gigi Appling*

**Thank you to last week's ushers:**

*Ioannis Ousaklidis, David Horwedel,  
Kevin & Tricia Korioth*

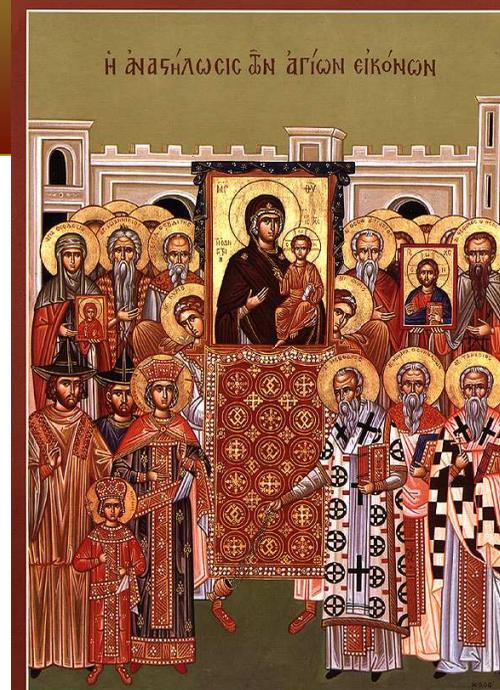
**The ushers for next Sunday are:**

*John Chronis, Allen Wynn,  
Liz Strong*

**SUNDAY BULLETIN**

**MARCH 4, 2012**

**SUNDAY OF ORTHODOXY**



**TRANSFIGURATION OF OUR LORD**

**GREEK ORTHODOX CHURCH**

414 ST. STEPHEN'S SCHOOL ROAD  
AUSTIN, TEXAS 78746

(512) 329-6363 WEBSITE - [WWW.TRANSFIGURATION.ORG](http://WWW.TRANSFIGURATION.ORG)

**SUNDAY SERVICE SCHEDULE**

ORTHROS 8:45AM; DIVINE LITURGY 10:00AM

**Reverend Fr. Vasileios Flegas, Proistamenos**

574-1972

## Hymns for Today

### Hymn for the Sunday of Orthodoxy

*“Your immaculate Icon we venerate oh Good one,  
begging for the forgiveness of our mistakes oh Christ God.  
For of your own will you consented in the flesh to ascend the Cross,  
in order to rescue those whom you created from the bondage of the enemy,  
wherefore thankfully we cry to You, You filled all things with joy, our Savior in coming to save the world.”*

### Resurrection Hymn (Plagal First Tone)

*Ton sinanarhon Logon Patrike Pnevmati ton ek Parthenu tekthenta is sotirian imon animnisomen pisti ke proskinisomen oti ivthokese sarki anelthin en to stavro ke thanaton ipomine ke egire tus tethneo tas en ti en thoxo anastasi Aftu.*

*“Eternal with the Father and the Spirit is the Word,  
Who of a Virgin was begotten for our salvation.  
As the faithful we both praise and worship Him,  
for in the flesh did He consent to ascend unto the Cross, and death did He endure  
and He raised unto life the dead through His all glorious resurrection.”*

### Hymn for the Transfiguration of Our Lord and Savior Jesus Christ

*“Metemorfothis en to ori, Christe o Theos,  
dixas tis mathites Sou tin doxan Sou, kathos i dynando  
Lampson ke imin tis amartolis to fos Sou to aidion,  
presvies tis Theotokou Fotodota doxa Si.”*

*“When O Christ our God Thou wast Transfigured on the mountain  
Thou didst reveal Thy glory to Thy disciples in proportion as they could bear it.  
Let Thine everlasting light also enlighten us sinners.  
Through the intercessions of the Theotokos, O Thou Bestower of light, glory to Thee.”*

### Kontakion for the 1<sup>st</sup> Sunday of Great Lent

*“Ti ypermacho stratigo ta nikitiria, os litrothisa ton dinon efcharistiria, anagrafo si I polis su, Theotoke.  
Allos echusa to kratos aprosmachiton, ek pandion me kindynon eleftheroson, ina krazo si:  
Chere, nym fi anymfefte.”*

*“O Champion General, I your City now inscribe to you triumphant anthems as the tokens of my gratitude,  
being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable,  
from all kinds of perils free me so that unto you I may cry aloud: Rejoice, O unwedded Bride.”*

### Hymn in Place of Axion Estin

*“All of creation rejoices in you, O full of grace; the assembly of angels and the human race. You are a sanctified temple and a spiritual paradise, the glory from whom God was incarnate and become a child our God existing before all ages. He made your womb a throne, and your body more spacious than the heavens. All of creation rejoices in you, O full of grace. Glory to you.”*

## WEEKLY ANNOUNCEMENTS: Sunday, March 4, 2012

### Services for this week:

Monday, March 5, Great Compline- 6:00pm  
Wednesday, March 7th, Presanctified Liturgy- 6:00pm; followed by dinner and discussion  
Friday, March 9th, Salutations to the Theotokos- 6:00pm  
Saturday, March 10th: Great Vespers- 5:00pm

### Sunday of Orthodoxy Vespers Today!

Please join us today at 2:30 for a Pan-Orthodox Vespers Service. Many of the Orthodox Churches from around the Austin area will be here with us! Refreshments will be served afterward in the hall.



### “The Prayer of St. Ephraim and Our Journey Towards Pascha”

Please join us for this discussion led by Fr. David and Prsv. Vasiliki Eckley on Wednesday evenings, March 7 and March 14 following the Pre-Sanctified Liturgy and a Lenten dinner provided by the ladies of Philoptochos

*During the period of the Great Fast, we are aided in our preparation with our spiritual journey through the Holy Scriptures, the Pre-Sanctified Liturgies, fasting, prayer and increased opportunities for worship.*

On the first 3 Wednesdays of the Great Fast, the opportunity of sharing the important significance of the Prayer of St. Ephraim will be offered by Father David and Presbytera Vasiliki. Fr. David will provide a meditative bridge between our Liturgical worship and the prayer of St. Ephraim. With Prsv. Vasiliki, we will study the 3 parts of this prayer which is so relevant to our preparation for Pascha.

**Join us as we continue in this spiritual journey on Wednesdays, March 7, and March 14.**

### Agape Children's Choir Rehearsals

Agape Choir rehearsal is **today** at 9:15 a.m. in Mount Tabor Hall. We will be preparing for Pascha and brushing up on all Liturgical music.

**The next practice will be on March 18th.**

Due to the Metropolis Oratorical Festival, we are cancelling the March 25th rehearsal.

We have a new email address for agape choir, which we will be using to send out all messages regarding the practices, etc. That email address is: tgocac@gmail.com



## Sunday of Orthodoxy

For more than one hundred years the Church of Christ was troubled by the persecution of the Iconoclasts of evil belief, beginning in the reign of Leo the Isaurian (717-741) and ending in the reign of Theophilus (829-842). After Theophilus's death, his widow the Empress Theodora (celebrated Feb.11), together with the Patriarch Methodius (June 14), established Orthodoxy anew. This ever-memorable Queen venerated the icon of the Mother of God in the presence of the Patriarch

Methodius and the other confessors and righteous men, and openly cried out these holy words: "If anyone does not offer relative worship to the holy icons, not adoring them as though they were gods, but venerating them out of love as images of the archetype, let him be anathema." Then with common prayer and fasting during the whole first week of the Forty-day Fast, she asked God's forgiveness for her husband. After this, on the first Sunday of the Fast, she and her son, Michael the Emperor, made a procession with all the clergy and people and restored the holy icons, and again adorned the Church of Christ with them. This is the holy deed that all we the Orthodox commemorate today, and we call this radiant and venerable day the Sunday of Orthodoxy, that is, the triumph of true doctrine over heresy.

*Please join us for a  
Pan-Orthodox Sunday of Orthodoxy Vespers  
today at 2:30*

March 4, 2012 - Sunday of Orthodoxy

Epistle - Hebrews II: 24-26; 32-40

By faith Moses, "having become full-grown," refused to be called the son of Pharaoh's daughter, having chosen rather to suffer affliction with the people of God, than to have the temporary enjoyment of sin, since he deemed the reproach of Christ greater wealth than the treasures in Egypt; for he kept on looking away from the treasures to the recompense.

And what more shall I say? For the time will fail me narrating about Gideon and Barak and also Samson and Jephthae, and about David and Samuel and the prophets, who through faith struggled against kingdoms, wrought righteousness, attained to promises, stopped mouths of lions, quenched the power of fire, escaped the edges of the sword, were empowered out of weakness, became strong in battle, turned back encampments of aliens. Women received their dead by resurrection. And others were tortured, not accepting release, that they might attain a better resurrection. And others received trial of mockings and of scourgings, and, moreover, of bonds and of imprisonment. They were stoned, they were sawn asunder, were tempted; they died, murdered by the sword. They went about in sheepskins, in goatskins, being in need, afflicted, ill-treated— of whom the world was not worthy. They were made to wander in deserts, and in mountains, and in caves, and in the holes of the earth. And these all, having been approved by testimony through faith, received not for themselves the promise, God having foreseen some better thing concerning us, that they should not be made perfect without us.

Ἀδελφοί, πίστει Μωϋσῆς μέγας γενόμενος ἠρνήσατο λέγεσθαι υἱὸς θυγατρὸς Φαραῶ, μᾶλλον ἐλόμενος συγκακουχεῖσθαι τῷ λαῷ τοῦ θεοῦ ἢ πρόσκαιρον ἔχειν ἁμαρτίας ἀπόλαυσιν· μείζονα πλοῦτον ἠγησάμενος τῶν Αἰγύπτου θησαυρῶν τὸν ὄνειδισμόν τοῦ Χριστοῦ· ἀπέβλεπεν γὰρ εἰς τὴν μισθαποδοσίαν. Καὶ τί ἔτι λέγω; Ἐπιλείπει γὰρ με διηγούμενον ὁ χρόνος περὶ Γεδεών, Βαράκ τε καὶ Σαμψών καὶ Ἰεφθάε, Δαυὶδ τε καὶ Σαμουὴλ καὶ τῶν προφητῶν· οἱ διὰ πίστεως κατηγωνίσαντο βασιλείας, εἰργάσαντο δικαιοσύνην, ἐπέτυχον ἐπαγγελιῶν, ἔφραξαν στόματα λεόντων, ἔσβεσαν δύναμιν πυρός, ἔφυγον στόματα μαχαίρας, ἐνεδυναμώθησαν ἀπὸ ἀσθενείας, ἐγενήθησαν ἰσχυροὶ ἐν πολέμῳ, παρεμβολὰς ἔκλιναν ἀλλοτρίων. Ἔλαβον γυναῖκες ἐξ ἀναστάσεως τοὺς νεκροὺς αὐτῶν· ἄλλοι δὲ ἐτυμπανίσθησαν, οὐ προσδεξάμενοι τὴν ἀπολύτρωσιν, ἵνα κρείττονος ἀναστάσεως τύχωσιν· ἕτεροι δὲ ἐμπαιγμῶν καὶ μαστίγων πείραν ἔλαβον, ἔτι δὲ δεσμῶν καὶ φυλακῆς· ἐλιθάσθησαν, ἐπρίσθησαν, ἐπειράσθησαν, ἐν φόνῳ μαχαίρας ἀπέθανον· περιήλθον ἐν μηλωταῖς, ἐν αἰγείοις δέρμασιν, ὑστερούμενοι, θλιβόμενοι, κακουχούμενοι - ὧν οὐκ ἦν ἄξιος ὁ κόσμος - ἐν ἐρημίαις πλανώμενοι καὶ ὄρεσιν καὶ σπηλαίοις καὶ ταῖς ὄποις τῆς γῆς. Καὶ οὗτοι πάντες, μαρτυρηθέντες διὰ τῆς πίστεως, οὐκ ἐκομίσαντο τὴν ἐπαγγελίαν, τοῦ θεοῦ περὶ ἡμῶν κρείττον τι προβλεψαμένου, ἵνα μὴ χωρὶς ἡμῶν τελειωθῶσιν.

Gospel - St. John I: 43-51

At that time, Jesus decided to go to Galilee. And he found Philip and said to him, "Follow me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and he said to him, "We have found him of whom Moses in the law and also the prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to him, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered him, "Rabbi, you are the son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And he said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

Τῷ καιρῷ ἐκεῖνῳ, ἠθέλησεν ὁ Ἰησοῦς ἐξελθεῖν εἰς τὴν Γαλιλαίαν· καὶ εὕρισκει Φίλιππον καὶ λέγει αὐτῷ· ἀκολούθει μοι. ἦν δὲ ὁ Φίλιππος ἀπὸ Βηθσαϊδά, ἐκ τῆς πόλεως Ἀνδρέου καὶ Πέτρου. εὕρισκει Φίλιππος τὸν Ναθαναήλ καὶ λέγει αὐτῷ· ὃν ἔγραψε Μωϋσῆς ἐν τῷ νόμῳ καὶ οἱ προφῆται, εὕρηκαμεν, Ἰησοῦν τὸν υἱὸν τοῦ Ἰωσήφ τὸν ἀπὸ Ναζαρέτ. καὶ εἶπεν αὐτῷ Ναθαναήλ· ἐκ Ναζαρέτ δύναται τι ἀγαθὸν εἶναι; λέγει αὐτῷ Φίλιππος· ἔρχου καὶ ἴδε. εἶδεν ὁ Ἰησοῦς τὸν Ναθαναήλ ἐρχόμενον πρὸς αὐτὸν καὶ λέγει περὶ αὐτοῦ· ἴδε ἀληθῶς Ἰσραηλίτης, ἐν ᾧ δόλος οὐκ ἔστι. λέγει αὐτῷ Ναθαναήλ· πότεν με γινώσκεις; ἀπεκρίθη Ἰησοῦς καὶ εἶπεν αὐτῷ· πρὸ τοῦ σε Φίλιππον φωνῆσαι, ὄντα ὑπὸ τὴν συκῆν εἶδόν σε. ἀπεκρίθη Ναθαναήλ καὶ λέγει αὐτῷ· ῥαββί, σὺ εἶ ὁ υἱὸς τοῦ Θεοῦ, σὺ εἶ ὁ βασιλεὺς τοῦ Ἰσραήλ. ἀπεκρίθη Ἰησοῦς καὶ εἶπεν αὐτῷ· ὅτι εἶπόν σοι, εἶδόν σε ὑποκάτω τῆς συκῆς, πιστεύεις; μεῖζω τούτων ὄψει. καὶ λέγει αὐτῷ· ἀμὴν ἀμὴν λέγω ὑμῖν, ἀπ' ἄρτι ὄψεσθε τὸν οὐρανὸν ἀνεωγῆτα, καὶ τοὺς ἀγγέλους τοῦ Θεοῦ ἀναβαίνοντας καὶ καταβαίνοντας ἐπὶ τὸν υἱὸν τοῦ ἀνθρώπου.

Receiving Holy Communion

The sacrament of Holy Communion is reserved for only baptized and/or Chrismated Orthodox Christians who have properly prepared by fasting, prayer and confession. The Orthodox Church is not in sacramental communion with any other church outside the Orthodox Christian Faith. If you are not Orthodox, you are invited with everyone to receive the Antidoron (blessed bread) at the end of service. If you would like information about the Orthodox Church and becoming an Orthodox Christian, please see Father Vasileios after services.

Please allow the Church School children and teachers to go to Holy Communion first so they can leave for their classes.

All others should wait until the ushers dismiss you by rows to receive Communion.

PRAYERS FOR HEALTH

Dolly, Betty, Arlena, Sophie, Archie, Lou, Thomas, Kathy, Suzanne, Pat, Steve, Nina, Phyllis, Katheryn, Panayioti, Anna, Margaret, Sami, Ibrahim, Mary, George, Susan, Matthew, Ellen, Katina, Nelda, Nick, Elaine, Malone, Tracy, Richard, Lilly, Kimberly, Dion, Jamil, Dimitrios, Lisa, Maggie, Mindy, Joan, Nakis, Micky, Kiane, Lari, Ed, Sally, Mariana, Brian, Kaeley, Tristan, Matt, Jeff, Sophia, Angela, Jennifer, Romeo, Konstandinos, Elia, Rose Marie, Bilyana, Maria, Susan, Jane, Clara, Costa, Cindy, Philip, Trey, Barbara, Evangia, Michael, Jeffrey, Victoria, Nicole, Anastasia, Katie, Suzanne, Katie, Stella, Michael, Nicole, George, Katherine, Fr. Peter, Venton, Nick, Tatiana, Sandy, Caleb, Pete, Wendy, Lorraine, Tina, Anna, Michael, Anna, Pamela, Shawn, Megan, Leo, Lili, Christy, Glenn, Philip, Katelyn, Joshua, Jason, John, Julia, Nick, Maria, Carolyn, Betty, Ruth, Nicholas, Joyce, Connie, Deacon George, Ralph, Vana, Andreas, the Nun Elizabeth, Alexandra, Arsinoi, Sultana, Boyd, Argyre, Carol, Susie, Sultana, John, Iliana, John, Dimitrios, John, Nick, Cecilia, George, Ricky, Mackenzie, Leah

PRAYERS FOR THOSE IN OUR ARMED FORCES:

Sgt. Jennifer D. Atkinson, Staff Sgt. John Atkinson, Col. Dave Romine, Capt. James Alfaro, Staff Sgt. Deane Anderson, Captain William Willett, Maj. Timothy Ullman, Major Chris Chase, Cadet Mindy Keys, Army Ranger Specialist Andrew Bentzel

The Prayer of St. Ephraim

O Lord and Master of my life, deliver me from the spirit of laziness and meddling, the lust for power and gossip.

Rather, grant the spirit of wisdom, humility, patience, and love to me Your servant.

Yes, O Lord and King, grant that I may see my own faults and not judge my brother; for You are blessed to the ages of ages. Amen.

Κύριε καὶ δέσποτα τῆς ζωῆς μου, πνεῦμα ἀργίας, περιεργίας, φιλαρχίας καὶ ἀργολογίας μὴ μοι δῶς.

Πνεῦμα δὲ σωφροσύνης, ταπεινοφροσύνης, ὑπομονῆς καὶ ἀγάπης, χάρισαί μοι τῷ Σῶ δούλῳ.

Ναί, Κύριε, βασιλεῦ, δώρησαί μοι τοῦ ὄραν τὰ ἐμὰ πταισματα καὶ μὴ κατακρίνειν τὸν ἀδελφόν μου, ὅτι εὐλογητὸς εἶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.