

Philoptochos News

- We had a delicious lunch and wonderful final meeting for the year last Saturday! Congratulations to our new board for the 2011-12 year: President - Pat Mitchell; Vice-President - Valli Pappas; Secretary - Diana Angelo; Treasurer - Elaine Leatherwood. We also elected 2 ladies to be "member-at-large" representatives on the board: Presbyteria Ria Bithos and Cynthia Zachos. We look forward to an amazing year!
- We all wish to thank Judy Eagle for the hard work and dedication that she put into Philoptochos these past 2 years! She came to Philoptochos as a relatively new member of Transfiguration and agreed to take on the responsibility of the office of President; and she grabbed that position by the horns! She brought so many fresh ideas to our group (one being the very successful Holiday Bazaar) and made them all work wonderfully! She also agreed to have Philoptochos manage the bookstore and has really brought new life to it! Thank you, Judy, for being you and loving us and the church so much!
- We also want to thank Ellen Apostolakis for her very dedicated work as the Vice-President! She took the lead on so many projects (too many to list here!) and handled everything so graciously and successfully! Ellen, you truly are a "Proverbs 31 Woman". Thank you!
- Please stop by the table and pick up a copy of everything that Philoptochos has done this year!
- Don't forget our graduates! The bookstore has beautiful Bibles, handmade icons on granite, wooden icons, crosses and many other beautiful items that would make fabulous gifts. Stop by and browse!
- Come by the Philoptochos table and pick up your gift cards! We have Target, Wal-Mart, Regal Cinema, Barnes and Noble and Starbucks cards that will all make great graduation or teacher appreciation gifts. And of course, we have HEB cards for your weekly groceries!
- And, for Papa Murphy's lovers.....Great Lakes Scrip has begun carrying gift cards for their establishment! Just let us know and we can have some cards ready to purchase by next Sunday!

Thank you to the Men's Fellowship group for providing the wonderful Mother's Day coffee hour last week.

**Thank you to today's Coffee Hour Sponsors:
Jerome, Jones, Jones, Kalogirou and Strong**

**Next Sunday's Coffee Hour Sponsors are:
Kalpaxis, Kinnas, Karides, Keah, Kellogg**

*Thank you to today's usher:
Dr. Peter Kangos*

*Next week's usher will be:
Shelley Ebeling*

FOURTH SUNDAY OF PASCHA
SUNDAY OF THE PARALYTIC



TRANSFIGURATION OF OUR LORD
GREEK ORTHODOX CHURCH

414 ST. STEPHEN'S SCHOOL ROAD
AUSTIN, TEXAS 78746

(512) 329-6363 WEBSITE - TRANSFIGURATION.ORG

SUNDAY SERVICE SCHEDULE
ORTHROS 8:45AM; DIVINE LITURGY 10:00 AM

Reverend Fr. Vasileios Flegas, Proistamenos
512-574-1972

And it came to pass, as Peter passed through all quarters, he went down also to the saints that dwelt at Lydda. And there he found a certain man, by name Æneas, who kept his bed for eight years, and was paralyzed. And Peter said to him, "Æneas, Jesus the Christ healeth thee; rise up and make up thy bed for thyself." And straightway he rose up. And all those inhabiting Lydda and the Sharon Plain, who saw him, turned to the Lord. Now there was in Joppa a certain disciple, by name Tabitha, which, being interpreted, is called Dorcas. She was full of good works and of alms which she used to do. And it came to pass in those days she fell sick and died. And after they washed her, they laid her in an upper room. And since Lydda was near to Joppa, and the disciples heard that Peter was in it, they sent forth two men to him, beseeching him not to delay to come over to them. And Peter, having risen up, went with them, whom after he came, they brought him into the upper room. And all the widows stood by him weeping, and showing howsoever many tunics and garments Dorcas used to make while she was with them. But Peter put them all forth, and kneeled down, and prayed. And turning to the body, he said, "Tabitha, rise up." And she opened her eyes; and after she saw Peter she sat up. And he gave her his hand and raised her up; and after he called the saints and the widows, he presented her alive. And it became known throughout all of Joppa; and many believed on the Lord.

Ἐν ταῖς ἡμεραῖς ἐκεῖναις, ἐγένετο Πέτρον διερχόμενον διὰ πάντων κατελθεῖν καὶ πρὸς τοὺς ἁγίους τοὺς κατοικοῦντας Λύδδαν. Εὗρεν δὲ ἐκεῖ ἄνθρωπὸν τινα Αἰνεάν ὀνόματι, ἐξ ἐτῶν ὀκτῶ κατακείμενον ἐπὶ κρᾶββάτῳ, ὃς ἦν παραλελυμένος. Καὶ εἶπεν αὐτῷ ὁ Πέτρος, Αἰνέα, ἴσταί σε Ἰησοῦς ὁ χριστός· ἀνάστηθι καὶ στρώσον σεαυτῷ. Καὶ εὐθέως ἀνέστη. Καὶ εἶδον αὐτὸν πάντες οἱ κατοικοῦντες Λύδδαν καὶ τὸν Ἀσσάρωνα, οἵτινες ἐπέστρεψαν ἐπὶ τὸν κύριον. Ἐν Ἰόππῃ δὲ τις ἦν μαθήτρια ὀνόματι Ταβηθά, ἣ διερμηνευομένη λέγεται Δορκάς· αὕτη ἦν πλήρης ἀγαθῶν ἔργων καὶ ἐλεημοσυνῶν ὧν ἐποίει. Ἐγένετο δὲ ἐν ταῖς ἡμέραις ἐκεῖναις ἀσθενήσασαν αὐτὴν ἀποθανεῖν· λούσαντες δὲ αὐτὴν ἔθηκαν ἐν ὑπερῷῳ. Ἐγγὺς δὲ οὔσης Λύδδης τῇ Ἰόππῃ, οἱ μαθηταὶ ἀκούσαντες ὅτι Πέτρος ἐστὶν ἐν αὐτῇ, ἀπέστειλαν πρὸς αὐτόν, παρακαλοῦντες μὴ ὀκνησαὶ διελθεῖν ἕως αὐτῶν. Ἀναστὰς δὲ Πέτρος συνήλθεν αὐτοῖς· ὃν παραγενόμενον ἀνήγαγον εἰς τὸ ὑπερῷον, καὶ παρέστησαν αὐτῷ πᾶσαι αἱ χήραι κλαίουσαι καὶ ἐπιδευκνύμεναι χιτῶνας καὶ ἱμάτια ὅσα ἐποίει μετ' αὐτῶν οὔσα ἡ Δορκάς. Ἐκβαλὼν δὲ ἔξω πάντας ὁ Πέτρος θείσ τὰ γόνατα προσηύξατο· καὶ ἐπιστρέψας πρὸς τὸ σῶμα, εἶπεν, Ταβηθά, ἀνάστηθι. Ἡ δὲ ἤνοιξεν τοὺς ὀφθαλμοὺς αὐτῆς· καὶ ἰδοῦσα τὸν Πέτρον, ἀνεκάθισεν. Δοὺς δὲ αὐτῇ χεῖρα, ἀνέστησεν αὐτήν· φωνήσας δὲ τοὺς ἁγίους καὶ τὰς χήρας, παρέστησεν αὐτὴν ζῶσαν. Γνωστὸν δὲ ἐγένετο καθ' ὅλης τῆς Ἰόππης, καὶ πολλοὶ ἐπίστευσαν ἐπὶ τὸν Κύριον.

SERVICE SCHEDULE FOR THIS WEEK:

FEAST OF MID-PENTECOST—WEDNESDAY, MAY 18:

ORTHROS- 8:00AM; LITURGY- 9:00AM

FEAST OF STS. CONSTANTINE AND HELEN—SATURDAY, MAY 21:

ORTHROS— 9:00AM; LITURGY— 10:00AM

Sunday School News

The last day of class will be on May 21.
Plan to join us for our annual picnic and our first ever Sunday School Showdown right after the Liturgy is over!

Greek School News

The last day of Greek classes will be on Tuesday, May 17.
They are planning an Olympics for the children and a special Pankration demonstration. Festivities begin at 6:30pm

GOYA News

Our GOYAnS will meet for a Movie Night and Discussion on Thursday, May 19.
Meet at the Galleria Movie theatre between 7 and 7:30. The movie starts at 7:35 and have a discussion with ice cream (Amy's next door to Iron Cactus at the Galleria) after the movie.

GOLF

The Greek Orthodox Ladies Fellowship will meet this coming Thursday, May 19 at 9:30am.

Come and join us for a time of study, prayer and fellowship.
Every woman is welcome to attend (with or without children!).

We meet in Mt. Tabor Hall. Coffee and tea are provided.
If you have any questions, please contact Whitney Papadatos at wpapadatos@hotmail.com

The IOCC Austin Metropolitan Committee is looking for volunteers to become a part of this dedicated organization. We help plan pan-Orthodox activities in the Austin community to raise financial support for the humanitarian mission of IOCC. Having these events not only raises money, but also helps get the word out about IOCC and the Orthodox faith! If you are interested in joining the Austin committee, contact Brandon Suehs, Liz Strong or Imad Zaccak (iz2000ca@yahoo.ca). God bless you!

Transfiguration's email address

This is a reminder that we **no longer use the flash.net account** (tgocoffice@flash.net).
Please send any email messages to our google account.

Fr. Vasileios' address is: frvasileios@transfiguration.org

The office's email is: office@transfiguration.org



Pachomios the Great Martyr

Saint Pachomios was born of pagan parents in the Upper Thebaid of Egypt. He was conscripted into the Roman army at an early age. While quartered with the other soldiers in the prison in Thebes, Pachomios was astonished at the kindness shown them by the local Christians, who relieved their distress by bringing them food and drink. Upon inquiring who they were, he believed in Christ and vowed that once delivered from the army, he would serve Him all the days of his life. Released from military service, about the year 313, he was baptized, and became a disciple of the hermit

Palamon, under whose exacting guidance he increased in virtue and grace, and reached such a height of holiness that "because of the purity of his heart," says his biographer, "he was, as it were, seeing the invisible God as in a mirror." His renown spread far, and so many came to him to be his disciples that he founded nine monasteries in all, filled with many thousands of monks, to whom he gave a rule of life, which became the pattern for all communal monasticism after him. While Saint Anthony the Great is the father of hermits, Saint Pachomios is the founder of the cenobitic life in Egypt; because Pachomios had founded a way of monasticism accessible to so many, Anthony said that he "walks the way of the Apostles." Saint Pachomios fell asleep in the Lord before his contemporaries Anthony and Athanasius the Great, in the year 346. His name in Coptic, Pachom, means "eagle."



St Achilles the Bishop of Larissa

Saint Achilles, Bishop of Larissa, lived during the fourth century, during the reign of St Constantine the Great. Glorified for his holiness of life and erudition, he was made Bishop of Larissa in Thessaly.

St Achilles participated in the First Ecumenical Council, where he boldly denounced the heretic Arius. In his city he strove to promote Christianity, destroyed idolatrous pagan temples, and he built and adorned churches.

St Achilles had the gift of healing sickness, especially demonic possession, and he worked many miracles. The saint died peacefully in about the year 330. His relics have been in Prespa, Bulgaria (now the village of Akhila, renamed in honor of the saint) since 978.

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked.

Now that day was the sabbath. So the Jews said to the man who was cured, "It is the sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.'" "They asked him, "Who is the man who said to you, 'Take up your pallet, and walk?'" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.

Τῷ καιρῷ ἐκείνῳ, ἀνέβη ὁ Ἰησοῦς εἰς Ἱεροσόλυμα. Ἔστι δὲ ἐν τοῖς Ἱεροσολύμοις ἐπὶ τῆ προβατικῆ κολυμβήθρα, ἡ ἐπιλεγομένη Ἐβραϊστὶ Βηθεσδᾶ, πέντε στοὰς ἔχουσα. ἐν ταύταις κατέκειτο πλῆθος πολὺ τῶν ἀσθενούντων, τυφλῶν, χωλῶν, ξηρῶν, ἐκδεχομένων τὴν τοῦ ὕδατος κίνησιν. ἄγγελος γὰρ κατὰ καιρὸν κατέβαινεν ἐν τῇ κολυμβήθρα, καὶ ἐταράσσετο τὸ ὕδωρ· ὁ οὖν πρῶτος ἐμβὰς μετὰ τὴν ταραχὴν τοῦ ὕδατος ὑγίης ἐγένετο ᾧ δὴποτε κατείχετο νοσήματι. ἦν δὲ τις ἄνθρωπος ἐκεῖ τριάκοντα καὶ ὀκτῶ ἔτη ἔχων ἐν τῇ ἀσθενείᾳ αὐτοῦ. τοῦτον ἰδὼν ὁ Ἰησοῦς κατακείμενον, καὶ γνοὺς ὅτι πολὺν ἤδη χρόνον ἔχει, λέγει αὐτῷ· θέλεις ὑγίης γενέσθαι; ἀπεκρίθη αὐτῷ ὁ ἀσθενῶν· Κύριε, ἄνθρωπον οὐκ ἔχω, ἵνα ὅταν ταραχθῆ τὸ ὕδωρ, βάλλῃ με εἰς τὴν κολυμβήθραν· ἐν ᾧ δὲ ἔρχομαι ἐγώ, ἄλλος πρὸ ἐμοῦ καταβαίνει. λέγει αὐτῷ ὁ Ἰησοῦς· ἐγείρω, ἄρον τὸν κράβαττόν σου καὶ περιπάτει. καὶ εὐθέως ἐγένετο ὑγίης ὁ ἄνθρωπος, καὶ ἦρε τὸν κράβαττον αὐτοῦ καὶ περιπάτει. ἦν δὲ σάββατον ἐν ἐκείνῃ τῇ ἡμέρᾳ. ἔλεγον οὖν οἱ Ἰουδαῖοι τῷ τεθεραπευμένῳ· σάββατόν ἐστιν· οὐκ ἔξεστί σοι ἄραι τὸν κράβαττον. ἀπεκρίθη αὐτοῖς· ὁ ποιήσας με ὑγιῆ, ἐκείνός μοι εἶπεν· ἄρον τὸν κράβαττόν σου καὶ περιπάτει. ἠρώτησαν οὖν αὐτόν· τίς ἐστιν ὁ ἄνθρωπος ὁ εἰπὼν σοι, ἄρον τὸν κράβαττόν σου καὶ περιπάτει; ὁ δὲ ἰαθεὶς οὐκ ᾔδει τίς ἐστιν· ὁ γὰρ Ἰησοῦς ἐξένευσεν ὄχλου ὄντος ἐν τῷ τόπῳ. μετὰ ταῦτα εὐρίσκει αὐτόν ὁ Ἰησοῦς ἐν τῷ ἱερῷ καὶ εἶπεν αὐτῷ· ἴδε ὑγίης γέγονας· μηκέτι ἀμάρτανε, ἵνα μὴ χειρόν σοι τι γένηται. ἀπήλθεν ὁ ἄνθρωπος καὶ ἀνήγγειλε τοῖς Ἰουδαίοις ὅτι Ἰησοῦς ἐστιν ὁ ποιήσας αὐτόν ὑγιῆ.

Resurrection Pascha Hymn

*Christ is risen from the dead trampling down death by death,
and to those in the tombs He has granted Life.*

*Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας,
καὶ τοῖς ἐν τοῖς μνήμασι ζωὴν χαρισάμενος.*

*Christós anésti ek nekrón, thanáto thánaton patisas,
ke tis en tis mnimasi zoin harisámenos.*

Special Entrance Hymn for the Pascha Season

*“In the congregations bless God, the Lord, from the springs of Israel.
Save us O Son God who did Rise from the dead. We sing to You Alleluia.”*

Resurrection Hymn (3rd Tone)

*“Let all things above in heav’n rejoice, and let all things below on earth be glad.
With all the might and strength of His arm an eternal deed the Lord did perform.*

*Beneath His feet He has trampled down death by death,
and first born of the dead has He become.*

*From the womb of Hades has He delivered us,
and to all the world has granted His great redeeming mercy”*

Hymn for St. Pachomius

*Thou didst prove a chief pastor of the Chief Shepherd, Christ,
guiding the flocks of monastics unto the heavenly fold;
whence thou learnest of the habit and the way of life that doth befit ascetic ranks;
Having taught this to thy monks, thou now dancest and rejoicest with them
in heavenly dwellings, O great Pachomius, our Father and guide.*

Apolytikion of the Transfiguration of Our Lord and Savior Jesus Christ

*“Metemorfothis en to ori, Christe o Theos, dixas tis mathites Sou tin doxan Sou,
kathos i dynando. Lampson ke imin tis amartolis to fos Sou to aidion,
presvies tis Theotokou Fotodota doxa Si.”*

*“When O Christ our God Thou wast Transfigured on the mountain
Thou didst reveal Thy glory to Thy disciples in proportion as they could bear it.
Let Thine everlasting light also enlighten us sinners.
By the intercessions of the Theotokos, O Thou Bestower of light, glory to Thee.”*

Kontakion of the Pascha Season

*“Though Thou did descend into the grave, O Immortal One, yet did Thou destroy the power of
Hades, and did arise as victor, O Christ God, calling to the myrrh-bearing women, Rejoice,
and giving peace unto Thine Apostles, O Thou Who grants resurrection to the fallen.”*

Hymn in place of “Axion estin... It is truly worthy...”

*“The angel cried to her who is full of grace, O Pure Virgin rejoice and again I say rejoice for
your Son has risen from the grave on the third day. Shine, shine O new Jerusalem for the glory
of the Lord has risen upon you. Dance now and be glad O Zion and do you exalt O pure
Theotokos in the arising of Him Whom you did bear.”*

Special Communion Hymn

*“Body of Christ receive, the fountain of life, taste the source of immortal life.
Soma Christu metalavete pigis athanatu gevsasthe. Alleluia.”*

WELCOME VISITORS!

*We welcome all new visitors who worshipped with us this morning.
Please join us next door after service for coffee and fellowship.
There is material in the entrance of the church regarding ministries and events
of our community. Please sign our guest book!*

Receiving Holy Communion

*The sacrament of Holy Communion is reserved for only baptized and/or
chrismated Orthodox Christians who have properly prepared by fasting, prayer
and confession. The Orthodox Church is not in sacramental communion with
any other church outside the Orthodox Christian Faith.*

*If you are not Orthodox, you are invited with everyone to receive the Antidoron
(blessed bread) at the end of service.*

*If you would like information about the Orthodox Church and becoming an
Orthodox Christian, please see Father Vasileios after services.*

**Please allow the Church School children and teachers to go to Holy Communion
first so they can leave for their classes. All others should wait until the ushers
dismiss you by rows to receive Communion.**

10 YEAR MEMORIAL

*The memorial service today is for John Gianas
Beloved husband of Stella Gianas and loving father of Amy and Melania.*

PRAYERS FOR HEALTH

*Dolly, Betty, Arlena, Sophie, Archie, Lou, Thomas, Kathy, Suzanne, Pat,
Steve, Nina, Phyllis, Katheryn, Panayioti, Anna, Margaret, Sami, Ibrahim,
Mary, George, Susan, Matthew, Ellen, Gary, Katina, Nelda, Nick, Elaine,
Fotini, Malone, Tracy, Richard, Lilly, Kimberly, Dion, Jamil, Dimitrios, Lisa,
Maggie, Mindy, Joan, Nakis, Micky, Kiane, Lari, Ed, Sally, Mariana, Brian,
Kaeley, Tristan, Matt, Jeff, Sophia, Konstandinos, Angela, Jennifer, Elia, Rose
Marie, Bilyana, Maria, Susan, Xenophon, Jane, Romeo, Clara, Costa, Cindy,
Philip, Trey, Barbara, Evangia, Michael, Jeffrey, Victoria, Nicole, Anastasia,
Katie, Suzanne, Katie, Stella, Michael, Nicole, George, Hunter, Katherine,
Fr. Peter, Dimitra Roll, Leah*

PRAYERS FOR THOSE IN OUR ARMED FORCES:

*Sgt. Jennifer D. Atkinson, Staff Sgt. John Atkinson, Lt. Col. Dave Romine,
Capt. James Alfaro, Staff Sgt. Deane Anderson,
Captain William Willett, Maj. Timothy Ullman, Major Chris Chase*